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HEIST** {page 17}

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TAKE A
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**GIFT OF GRATITUDE
JAPANESE ADMIRAL
GIVES THANKS TO
DARTMOUTH BOY** {page 3}



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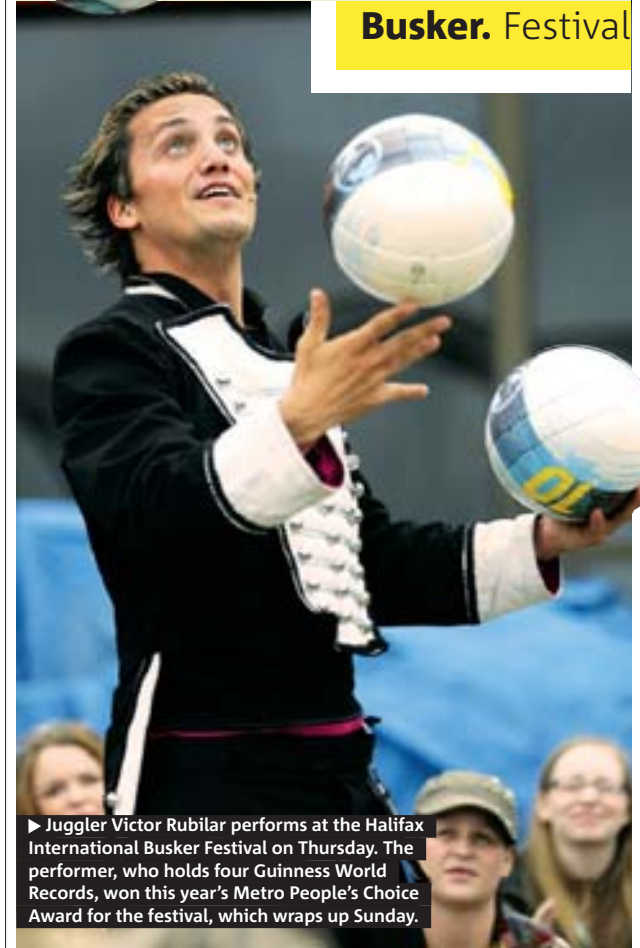
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News worth sharing.



Busker. Festival



► Juggler Victor Rubilar performs at the Halifax International Busker Festival on Thursday. The performer, who holds four Guinness World Records, won this year's Metro People's Choice Award for the festival, which wraps up Sunday.

RYAN TAPLIN/METRO

Harbour loses 'part of history'

- Submariners will celebrate 100th anniversary of Canadian subs in 2014
- Onondaga was sold for \$4 plus tax to Quebec museum
- Oberon-class submarines were bought from British in 1960s



JENNIFER TAPLIN
@METRONEWS.CA

It was a sad day for submariners as a piece of Canadian naval history was carried out of the harbour on Thursday, destined for an Ontario scrapyard.

The Okanagan, one of four Halifax-based Oberon-class submarines, was carried out on a barge in the morning. She's following the same journey her sister submarine, the Olympus, made in July to a shipwrecker in Lake Erie.

"It's sad when I think of the number of people who have gone through that submarine," said D.H. (Buster) Brown, who served on the Okanagan for 13 years.

The Onondaga was spared the scrapyard and delivered to a museum in Rimouski, Que., in 2008. Now the last remaining Oberon rusting in the Halifax Harbour is the Ojibwa. The Elgin Military



► The Okanagan is hauled out from Halifax Harbour Thursday.

Museum is currently negotiating with the federal government and raising funds to house the Ojibwa as a museum exhibit in Port Burwell, Ont.

Brown said the eastern branch of the Submariners Association has tried for 10 years to keep one of the submarines in Halifax or install one in Ottawa for a museum piece. But the millions of dollars necessary to fix, transport and outfit the submarine were too big

of an obstacle.

Marine Recycling Corporation in Port Colborne, Ont. won the \$4.5-million contract to transport and recycle both the Olympus and Okanagan.

"It is a bit of a tearful day to see it go," said Terry Chatham, who also served on the Okanagan.

"It's a part of history that's being torn up. ... It's sailing up there to be turned into razor blades."



WEEKEND SPECIALS FRI-SUN

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GRAND OPENING

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- Three Japanese ships are visiting Halifax for weekend ► First visit since 2002
 ► The training squadron will participate in an exercise with HMCS Ville de Quebec on way out of area

Welcoming festivities

The JS Asagiri will be open for public tours on Friday from 1:30 to 3:30 p.m. and the JS Mineyuki will be open to the public on Saturday 1:30 to 3:30 p.m.

Anyone interested in touring the ships will need to go to HMCS Scotian on Lower Water Street for access.

At the Buskers: Shozuidaiko, the squadron's taiko drum group, will perform in conjunction with the Halifax International Busker Festival.

Shozuidaiko will perform Friday at noon near the Maritime Museum of the Atlantic.

By invitation from Mayor Peter Kelly, the squadron's brass band will play at 4 p.m. on Friday in Grand Parade.

● JENNIFER TAPLIN



► Sailors watch The JS Kashima arrive in Halifax on Thursday morning. Three ships in the Japanese Training Squadron are visiting Halifax for the weekend.

RYAN TAPLIN/METRO

Fundraising star gets gift from Japanese ship



JENNIFER TAPLIN
@METRONEWS.CA

Training squadron

- The training squadron is at the halfway point on a five-month cruise to visit 14 ports in six countries.
- They stopped in Vancouver in June.
- About 700 sailors serve in the training squadron.

Not every Dartmouth boy has his own replica Samurai helmet straight from Japan.

Nine-year-old Aleks Burchill stood wide-eyed as Rear Admiral Umio Otsuka, commander of the Japanese Training Squadron, presented him with the stunning gift onboard a Japanese ship. Three Japanese ships arrived in Halifax Thursday morning as part of a five-month training cruise.

Burchill was recognized

for his efforts in fundraising and sending more than 1,000 paper cranes to the people of Japan after the devastating earthquake and Tsunami struck in March.

"People were hurt and scared and they pretty much lost everything. I decided I really wanted to do something to help," Burchill said.

Receiving such a gift in return was "fun and exciting," he added.

"I'm going to put it in my room where I've put all my other stuff from this project."

Being able to express gratitude for the international response makes this a special training cruise, said Otsuka.

"The Canadian government sent blankets for the people in the refuge in a very timely manner soon after the disaster occurred. After that a lot of charity programs were running to help the people in Japan," he said.

"And the moral support from people like Aleks boosts our feelings up."

Reconstruction is still ongoing but thankfully only



► Aleks Burchill

RYAN TAPLIN/METRO

one part and not the whole country was struck by the earthquake and tsunami.

"The country is fully functioning and I urge you to go to Japan to spend your holiday," he said.

1
news



Face transplant patients enjoy 'amazing' normalcy as they increasingly go public.
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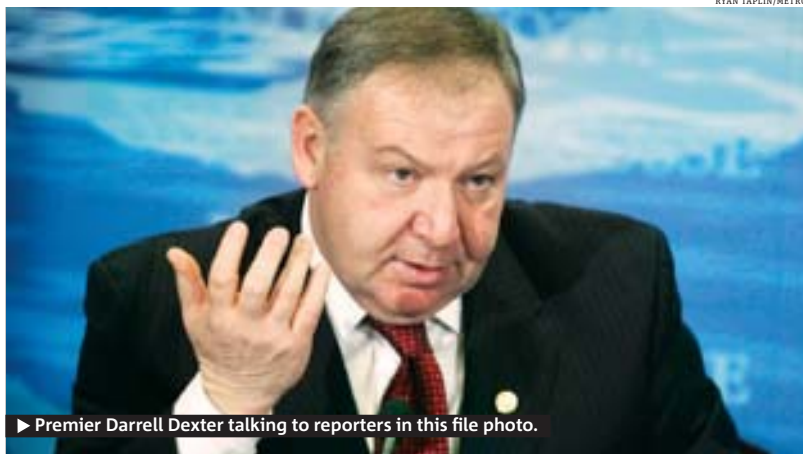
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RYAN TAPLIN/METRO



► Premier Darrell Dexter talking to reporters in this file photo.

Convention centre planners await MacKay's speech

► MacKay said this week feds were 'ready to go' on convention centre file ► Province, HRM previously committed to kick in \$56 million each

ALEX BOUTILIER
@METRONEWS.CA

Premier Darrell Dexter said he is looking forward to an infrastructure-related announcement from Defence Minister Peter MacKay on Monday.

In perhaps the worst-kept secret in town, MacKay will address the Halifax Chamber of Commerce on Monday morning to discuss infrastructure and, specifically, the convention centre project.

"Mr. MacKay's announcement on Monday,



► Convention Centre mockup

we believe, will be the next step in the (convention centre) process," Dexter told reporters on Thursday.

Dexter said the provincial portion of the estimated \$159 million project has not changed.

"Our commitment is the same, the contract is

the same as we've announced in the past," said Dexter, adding he's not going to negotiate with the developer "in the press."

Who will be left holding the extra costs is not known. Last month, Metro Halifax reported developer Joe Ramia had re-costed the project and turned over the new price tag to the province.

Neither Ramia nor the Premier's Office would confirm costs have increased.

The federal government was initially asked to contribute \$47 million to the project.

Police not budging on lie-detector case info

Halifax police have again refused to provide Nova Scotia's access-to-information review officer with records about whether any officers ran a lie-detector company after she called on the force to hand them over.

A letter sent by police lawyer Martin Ward to Dulcie McCallum says the records don't have to be given to her under freedom-of-information legislation because the law doesn't apply to them.

"These are records relating to prosecutions to which the legislation does not apply," Ward wrote in the letter dated last Monday.

"We question where you would have the jurisdiction to determine whether Part XX (of the Municipal Government Act) has any application."

Scathing words

► In his letter to McCallum, Ward said some of the requested records deal with allegations of misconduct under the Police Act and others relate to a Criminal Code investigation.

► His letter is in response to a scathing report last month in which McCallum accused the police of "stonewalling" her and undermining her

oversight role after the force refused to send her records about whether any officers operated a private lie-detector business in contravention of internal rules.

► She also accused the police of "attempting to use an ongoing investigation that may or may not result in a prosecution as a means of avoiding producing the record to the independent oversight review officer."

In March, The Canadian Press applied under access-to-information legislation for records of Halifax police officers involved in a private lie-detector company, including records that indicate whether any officers were in breach of the police department's rules on outside employment and whether discipline

was meted out.

Darce Fardy, the president of the Right to Know Coalition of Nova Scotia, said the police position could hinder McCallum's ability to do her job.

Const. Brian Palmeter, a spokesman for the police, said the force stands by its position.

THE CANADIAN PRESS

Police track down suspect after bank robbery

Police say a 25-year-old man entered the bank, demanded money from staff and fled the scene with cash.

Authorities were able to track the man down to the area of Spring Garden Road and Robie Street, where he was arrested at 1:15 p.m.

An unknown amount of money was recovered after the arrest, police say. ● METRO



For more information visit
metronews.ca/
halifax

Police say a man is due in court Friday facing charges of robbery following a bank heist in Halifax on Thursday afternoon.

Halifax Regional Police say they were called to the CIBC at 1809 Barrington St. just before 1 p.m.

Trial of man accused of wife's murder adjourned

The case of a Nova Scotia man charged with killing his wife has been adjourned until Oct. 13.

Patrick Chareka of Antigonish is charged with first-degree murder in the death of Otilia Chareka.

The woman worked as a professor at Saint Francis Xavier University.

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APPLICATION SUBMITTED

Citadel owners pitch new hotel

The owners of Halifax's Citadel Hotel have submitted their application for a proposed new hotel.

Silverbirch Resorts CEO Steve Giblin said his company submitted a planning application with the Halifax Regional Municipality for the proposed redevelopment.

ment.

Giblin will be traveling to the city in early September to meet with HRM staff on the project. He did not wish to disclose any details Thursday of the application until municipal staff review it.

Silverbirch revealed in June the current hotel, located on Brunswick Street, will close in 2012. Employees at the hotel were given notice their positions will be terminated as of Jan. 1.

● ALEX BOUTILIER

Police crack down on speeders

Halifax police nabbed around 100 speeders in four hours on Wednesday.

Five RCMP officers set up shop on Highway 101 inbound near exit 1G between Lower Sackville and Bedford where the speed limit is 70 km/h.

The officers used LIDAR, a laser beam that measures speed and distance. With

100 Police say over 100 tickets were issued, mostly for speed-related offences.

LIDAR, police can track the speed of a single car even if it is surrounded by other vehicles. ● METRO

Charges laid in attempted B&E

A 19-year-old man is facing charges after an attempted break and enter in Windsor Junction on Wednesday, police say. The man is alleged to have smashed the window of a house and, after being apprehended by police, resisted arrest and uttered threats to officers. ● METRO

Teen booked for weapons

Police say they seized a butterfly knife and brass knuckles from an 18-year-old male in the Millwood High School parking lot on Wednesday night. Authorities say the teen is facing weapons charges and is due in court at a later date.

● METRO

Putting the heat on famine crisis aid

► Halifax firefighters spoke at Dartmouth Ferry Terminal, Spring Garden Road Library ► One, Ali Duale, considering visit to Somali refugee camps

A Halifax man is fighting the famine raging in East Africa with the help of his firefighter colleagues.

Over the last two weeks, Ali Duale has collected more than \$15,000 in donations for relief aid to famine-stricken areas of Africa including Kenya, Somalia and Ethiopia.

His colleagues at Halifax Professional Firefighters joined him in downtown Halifax on Thursday, encouraging people to donate while the federal government is promising to match donations.

As a former resident of Somalia, Duale knows firsthand the severity of the



► Firefighter Ali Duale, right, gives Mia Kirby information about charities that are providing relief in famine-stricken East Africa on Thursday.

Team effort

Ali Duale started fundraising two weeks ago, and Halifax firefighters quickly got on board.

► "We didn't want to wait any longer. As Ali said, every day that goes by, it doesn't get on the ground," said Chris Camp, the firefighters' union public relations chair and treasurer.

► Through education about the famine, the group hopes people will donate by Sept. 16, the deadline for government donation matches.

drought. "I was in a refugee camp in Kenya and they're not different from one another," said Duale, who has two siblings in Dadaab, Kenya, the largest, overcrowded refugee camp in the world.

Fourteen years ago, a government program sponsored Duale to come to Canada as a refugee with his wife and three children, all of whom were born in the camp he lived in for seven years.

He is now a firefighter and calls Halifax home. "What I'm trying to do today is ... to share with my fellow citizens what I have gone through, what I know

and what they can do because they are the ones who changed my life," he said, standing near a table displaying the Somali flag and images of refugee camps.

"I came here through the Canadian taxpayers and I'm a taxpayer today, and I'm going to prove they can make a difference as they did to me."

● RACHEL WARD

Lending a hand

One woman was "really glad" to see the firefighters' support for the East African people.

Holly Eggleston, an aboriginal jewelry maker, took a handful of pamphlets for her busi-

ness at the Halifax Seaport Market.

"I see tourists from all over the world on a daily basis. This weekend, I can put one of these with every package that I sell, just tuck it in there, and maybe, even if you make one dollar, that's one dollar they didn't have before."

● RACHEL WARD

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Wrong choice of words?

► Paris “concerned” about 4,100 lost jobs, but “happy” with economic outlook



ALEX
BOUTILIER
@METRONEWS.CA

The loss of more than 4,000 jobs turned into a war of word choices on Thursday.

Liberal Leader Stephen McNeil criticized Economic Development Minister Percy Paris for saying Nova Scotians should be “happy” with the province’s economic outlook.

There are 4,100 fewer jobs in Nova Scotia compared to this time last year. Paris was asked how he felt about that after a cabinet meeting on Thursday.

“The residents of Nova Scotia should be very happy with what this province has done as far as going forward,” Paris said. “Am I concerned about job losses? Absolutely. And I think any

politician, and any Nova Scotian would be concerned about job losses. But I think we’ve got reasons to be optimistic.”

Paris referenced several big-ticket projects, including Irving Shipbuilding’s bid for the National Shipbuilding Procurement Strategy contracts, the Lower Churchill project, and the obligatory reference to the convention centre project.

“Nowhere in that (interview) did he talk about the economic plan of the government,” McNeil responded Thursday.

“The projects he’s talking about are dependent on the federal government coming in. There’s no economic agenda on how we’re going to move our province forward.”



► Liberal Leader Stephen McNeil is pictured in this file photo.

The province launched its economic development plan — jobsHere — last year.

But while the government has referenced that program ad nauseam, Mc-

Neil said he’s seen few concrete results.

“I saw the glossy pictures, but we’re looking for the jobs that go with the glossy pictures,” said McNeil.

NATURAL RESOURCES

Strategy is ‘at the printers’

The province is set to release its long-awaited natural resources strategy. Natural Resources Minister Charlie Parker told reporters Thursday the strategy will be released early next week.

“It’s at the printers right now, it’s

imminent,” Parker said.

“It took time to get it right, we had to consult widely with Nova Scotians ... But we’re ready, and it will be announced to Nova Scotians next week.”

In April, a conglomeration of environmental groups marched on province house, alleging the governing NDP was dragging its heels on the file.

Parker told the groups then the strategy would be released later in the spring.

● ALEX BOUTILIER

Resorts drawing interest

There are new suitors with undisclosed intentions for some of Nova Scotia’s signature resorts.

The resorts — including the Keltic Lodge, Digby Pines and Liscombe Lodge — have fallen on tough times, requiring between \$11 to \$22 million in repairs. Economic and Rural Development and Tourism

Minister Percy Paris said on Thursday that, in addition to four previous “expressions of interest,” more interested parties have come forward. Whether those parties are interested in the necessary refurbishment work for the resorts, or interested in purchasing them, remains a mystery.

● ALEX BOUTILIER

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Survey to gather obesity feedback

► Department aims to make Nova Scotia 'The easiest place in Canada to grow up healthy' ► 'This is not a token consultation': Chief public health officer

A new online survey is attempting to find a way to make our children weigh less.

The Department of Health and Wellness launched the survey on Thursday, entitled Growing Up Healthy.

The intention is to collect feedback on how to make Nova Scotia children eat healthier and become more active.

"The start point (is) weight and obesity, but really it's around creating opportunities, environments that promote physical activity and healthy eating," said Dr. Robert Strang, the province's chief public health officer. "Those are complex issues



► Strang

Online

The Growing Up Healthy survey will be available until Oct. 15.

► It's found at gov.ns.ca/growinguphealthy, along with resource links and other information.

and I think ... government can play leadership in some areas, but many of the solutions are at the local level."

According to the health department, one in three Nova Scotians between the age of two and 17 are overweight or obese. That's in spite of several existing programs aimed at stimulating physical activity and healthy eating among the

province's youth.

It's a problem many jurisdictions are facing, according to Strang.

Part of the hope for Growing Up Healthy is to stimulate discussions around Nova Scotia's lifestyle choices — active transportation rather than driving, quitting cigarettes, and so on. Strang said the government has reached out to departments outside of health to ask what they can do to contribute to the effort.

Strang and staff from the health department will evaluate the feedback from Growing Up Healthy as it comes in. According to the health department, the government will be making recommendations on how to prevent childhood obesity in 2012. ● ALEX BOUTILLIER

TOURISM STATISTICS

Fewer visitors to province

The number of tourists arriving in Nova Scotia is dropping.

The latest figures from the Tourism Department show there were three per cent fewer visitors from

January to June of this year when compared to the same period in 2010.

Visitors arriving by road dropped seven per cent and the number of tourists from the United States dropped five per cent.

Tourism Minister Percy Paris says poor weather and a slumping economy are to blame.

However, the

9% Air travel has also risen this year, with an increase of nine per cent compared to 2010.

department says the number of cruise ship and bus passengers has grown, and the number of booked hotel rooms jumped by two per cent.

THE CANADIAN PRESS

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Laid off ... and the living is easy

► Eighteen co-workers clean up with a \$7-million Lotto 6-49 win



JOE LOFARO
@METRONEWS.CA
METRO CANADA IN OTTAWA

First, 18 SMART Technologies employees in Ottawa got the bad news: They were being laid off.

Then came the good news. They're heading to Toronto Friday to collect a multi-million-dollar lottery jackpot.

Colin Willard and his co-workers at the Kanata-based firm were told about the layoffs on Tuesday.

The next day, he bought a Quick Pick Lotto 6-49 ticket with 17 co-workers.

At 6:30 Thursday morning, Willard checked the

"My wife was wondering where we're going from here and now we don't have to worry about it."

COLIN WILLARD

numbers — and started shaking. "I couldn't stop shaking," he said. "I didn't believe it and I asked somebody to come over and see if I was reading them right."

The grand-total payout is \$7,077,095.80.

After doing their happy dance, the group arranged to divide the jackpot, giving each winner about \$390,000.



► Lottery winner Tony Mather, left, toasts his lotto win with some 18-year-old scotch beside co-worker and fellow winner Colin Willard, who holds the winning 6-49 ticket worth more than \$7 million.

Metro four test the morning-after menace

KATIE TURNER/METRO



► Metro's Shelley Williamson tests her level of impairment after drinking nine beers.

JEREMY NOLAIS
IN CALGARY

Commuters who climb behind the wheel to drive to work after a long night at the watering hole are often contending with more than a hangover.

"First, you have the alcohol that's affecting your reaction time, but you also have to add in the lack of sleep," says Rob Haffner with Calgary Police Service's alcohol education unit.

"You can still very well be impaired."

To put Haffner's concerns to the test, four

"(Morning impairment is) a real problem."

DENISE DUBYK, PRESIDENT OF
MOTHERS AGAINST DRUNK DRIVING
CANADA

Metro reporters signed on to mimic the practices of a "mid-week bender."

Each drank as many cans of beer as they could over a five-hour period and then caught a couple of quick hours of shut-eye.

In the morning, Haffner met the group to test their impairment.

Two blew over the legal

blood-alcohol limit of 80 milligrams per 100 millilitres of blood and would have faced serious penalty under the Criminal Code.

The other two also displayed numerous signs of impairment, including bloodshot eyes, slurred speech and reduced vision.

Haffner said he would have issued suspensions of one degree or another to each would-be driver.



Watch a video of our test at metro-news.ca/calgary

Metro's testers

- **JAMES PATON, 25**
Weight: 80 kilograms
Beers consumed: 7
Sleep: 4 hours
1st reading: 45 milligrams
2nd (10 minutes later): 36 milligrams
- **KATIE TURNER, 22**
Weight: 61 kilograms
Beers consumed: 7
Sleep: 4 hours
1st reading: 51 milligrams
2nd (10 minutes later): 58 milligrams
- **JEREMY NOLAIS, 23**
Weight: 95 kilograms
Beers consumed: 9

- Sleep: 3.5 hours
1st reading: 83 milligrams
2nd (10 minutes later): 105 milligrams
- **SHELLEY WILLIAMSON, 40**
Weight: 57 kilograms
Beers consumed: 9
Sleep: 3.5 hours
1st reading: 105 milligrams
2nd (10 minutes later): 80 milligrams

► **Note: Police say blood-alcohol readings can vary due to numerous factors. These test results are meant as examples only.**



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*2011 Corolla CE, 2011 Tundra 4x2 Regular Cab, 2011 Camry LE lease based on a 60 month walk away lease and lease rate of 3.4%/4.9%/2.9% (Model BU0EM-AUXP1T-A/B/3C1-A). First payment is due on delivery. Total lease obligation of \$11,340/\$22,260/\$18,100 with \$0/\$0/\$2000 down. Purchase option price of \$5,562/\$8,120/\$8,850 based on 120,000kms. Lease includes a maximum of \$1,200/\$1,560/\$1,480 for freight and P.D.I. (Toyota Financial Services (TFS) will match the customer's down payment or trade equity on 2011 Camry models up to \$1000. The customer's down payment and up to \$1000 of TFS matched contribution must be applied as a non-cash credit to the amount being financed (i.e. payment will not be made directly to consumer). This reduction must appear as a separate line item on the bill of sale provided to TFS and the customer. The stackable customer cash incentive amounts cannot be used as the down payment on units receiving the TFS down payment matching program. The customer must provide their own down payment. Only those customers who are financing or leasing through TFS are eligible for the TFS down payment matching program. **0%/0.9%/0% financing up to 36/36/60 months on 2011 Corolla, 2011 Tundra/2011 Camry. ***\$2,000/\$2,500/\$3,000/\$3,500/\$4,000/\$5,000/\$6,000 cash purchase incentive on 2011 Corolla CE manual transmission and 2011 Camry Hybrid models/2011 Corolla CE automatic transmission and 2011 4x2 Tundra models/2011 Corolla S, LE and XRS models/2011 Camry 4 cylinder models/2011 4x4 Tundra models (except CrewMax models/2011 Camry V6 models/2011 Tundra CrewMax models (all other Tundra models excluded). Offers valid on retail delivery of select new unregistered Canadian 2011 Toyota vehicles when purchased/leased, registered and delivered between August 3, 2011 and August 31, 2011. Individual dealer may sell/lease for less. Vehicles may not be exactly as shown. Offers valid until August 31, 2011. Offers subject to change/cancellation without notice. See your participating Toyota Dealer for details.

NEW CITY SCARE

Falling chunk of concrete hits car in Montreal

A Montrealer has been injured by a chunk of falling concrete.

A 10-centimetre piece of concrete fell from an overpass in the city's east end, smashing into a car's windshield. Police say a passenger suffered minor injuries to one arm.

It's just the latest mishap involving Montreal's aging infrastructure.

The city's crumbling roads and bridges are becoming a matter of increasing public concern and there is pressure on all levels of government to address their safety.

Late last month, a 25-tonne chunk of concrete collapsed from the top of the Ville-Marie expressway. Two bridges into the city require urgent repairs to ensure their safety.

And two overpasses have collapsed near Montreal in recent years, causing deaths.

THE CANADIAN PRESS

A new face ... and lips to kiss her loved ones

BRIGHAM AND WOMEN'S HOSPITAL/LIGHTCHASER PHOTOGRAPHY/THE ASSOCIATED PRESS



▶ An attack by a berserk chimpanzee left Charla Nash horribly disfigured, left. But skilful surgeons in Boston, Mass., gave her a new life with a face transplant.

▶ Dramatic photos show chimp-attack victim's startling transformation

The new face of a woman who was mauled by a chimpanzee two years ago was revealed for the first time Thursday in photos showing a startling transformation.

"I will now be able to do things I once took for

granted," said Charla Nash, 57.

"I will be able to smell. I will be able to eat normally. I will no longer be disfigured.

"I will have lips and will speak clearly once again. I will be able to kiss and hug

loved ones.

"I am tremendously grateful to the donor and her family."

Nash, who's now living in a Boston-area nursing home, was attacked in February 2009 by a neighbour's 90-kilogram pet

chimpanzee.

In late May, she underwent a full face transplant in Boston. She received skin, underlying muscles, blood vessels, nerves, a hard palate and teeth from a donor who had died.

THE ASSOCIATED PRESS

RIOTS AFTERMATH

Britain asks U.S. to help it beat the thugs

Prime Minister David Cameron says Britain will look to the United States for solutions to gang violence after nights of riots and looting.

He promised authorities will get strong powers to stop street mayhem erupting again.

Cameron told lawmakers Thursday he is "acting decisively to restore order on our streets," as police raided houses to round up suspects from four nights of unrest.

Cameron said authorities are considering new powers, including allowing police to order thugs to remove masks or hoods, evicting troublemakers from subsidized housing and disabling cellphone instant-messaging services.

"We will not let a violent few beat us," Cameron said.

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Famine forces tortured choice

► Somali parents fleeing drought must choose which child lives ► More than 12 million people in need of food

Wardo Mohamud Yusuf walked for two weeks with her one-year-old daughter on her back and her four-year-old son at her side to flee Somalia's drought and famine. When the boy collapsed near the end of the journey, she poured some of the little water she had on his head to cool him, but he was unconscious and could not drink.

She asked other families travelling with them for help, but none stopped, fearful for their own survival.

Then the 29-year-old mother had to make a choice that no parent should have to make.

"Now I'm reliving the pain of abandoning my child. I wake up at night to think about him. I feel terrified whenever I see a son of his age."

WARDO MOHAMUD YUSUF ON THE FOUR-YEAR-OLD SHE LEFT BEHIND

"Finally, I decided to leave him behind to his God on the road," Yusuf said days later in an interview at a teeming refugee camp in Dadaab, Kenya. "I am sure that he was alive, and that is my heartbreak."

Parents fleeing the dev-

astating famine on foot — sometimes with as many as seven children in tow — are having to make unimaginably cruel choices: Which children have the best chance to survive when food and water run low? Who should be left behind?

The United States estimates that more than 29,000 Somali children under age five have died in the famine in the last three months. An unknown number too weak to walk farther have been abandoned on the sandy trek to help after food and water supplies ran out.

THE ASSOCIATED PRESS



► In this picture taken on Wednesday, Salat, 5, looks for her parents near the IFO camp, north of Dadaab, Eastern Kenya, 100 kilometres from the Somali border. She was later picked up by her uncle, who said he would reunite Salat with her parents.

She's hungry.

And sadly, she's not alone.



When food is scarce, Sylvia only has tortillas with salt to take away the hunger. The terrible truth is that every five seconds, a child under 5 dies from malnutrition or preventable diseases.

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JEROME DELAY/THE ASSOCIATED PRESS

Sex attacks reported against Somali women

A UN envoy is expressing concern about reports of sexual attacks against Somali women fleeing famine.

Margot Wallstrom, the secretary-general's special representative on sexual violence in conflict, said in a statement Thursday that women and girls "are subjected to attacks, including rape, by armed militants and bandits" on the journey to the Kenya border.

Once in Kenya or at the

Dadaab refugee camp, she said, "their hopes of finding a safe haven are often overshadowed by new dangers and hardships, including the risk of rape."

Wallstrom said her office also has received "alarming information about alleged rapes" by government-allied militias in south-central Somalia and of al-Shabab Islamist militants abducting girls for forced marriage to fighters.

THE ASSOCIATED PRESS



► Somalis from southern Somalia make their way to the refugee camp in Mogadishu on Thursday.

EAST AFRICAN FAMINE

U.S. gives \$17M more in food aid

U.S. Secretary of State Hillary Rodham Clinton says the severe drought threatening more than 12 million Africans with starvation shows the need to invest in global agriculture and nutrition.

Speaking to the International Food Policy Re-

search Institute, Clinton said the U.S. is providing another \$17 million in food aid to the Horn of Africa. That brings total U.S. assistance to the region to more than \$580 million.

"Time is not on our side. Every minute more people — mostly women and mostly children — are dying," said Clinton. "Investing now decreases the chances that Americans or others will be called upon in the future to face these same challenges in 10 or 20 years."

The UN says the crisis has not peaked. The drought has been exacerbated by the Islamic militant group al-Shabab, which refuses to allow many aid groups into areas of Somalia it controls. Thousands of children have died.

Clinton said the famine must prompt long-term thinking to help avert future food crises. She spoke of boosting agriculture, nourishment levels and food distribution networks.

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France acts to preserve credit rating

France banned short-selling on leading bank and insurance stocks Thursday, amid efforts to calm market jitters about the health of French banks and the heavily indebted U.S. and European economies.

The move by France's





market regulator, the AMF, capped two days of whip-saw trading that saw French banks' market value fall and rise by billions of euros and threatened the nation's coveted triple-A credit rating. Those efforts appear to have had an effect, but economists said the rebound was shaky.

In a short sale, a trader hopes to profit by betting on the decline in the price of a share. Greece banned

it Monday and Italy's market regulator will decide Friday whether to take sim-

ilar measures. Belgium and Spain are also considering a ban. **THE ASSOCIATED PRESS**

Market moment

TSX	Dollar	Oil	Natural gas
			
+ 340.91 (12,539.80)	+ 0.66¢ (101.18¢ US)	+ 2.83¢ (\$85.72 US)	1,000 cu ft \$4.108 US (+ 10.5¢) Gold contract \$1,751.50 US (- \$32.80)

Tim's banks on loyalty in tough times

- ▶ CEO unfazed by recession worries
- ▶ Says profits up, people still willing to spend money on daily java

Tim Hortons is well positioned to survive the tough times as world markets tumble and consumers fret that another recession could be coming, the company's chief executive officer says.

Paul House said the coffee chain has seen no change in spending patterns since a tumble on world stock markets sparked by financial crises in Europe and the U.S.

"I think our business has historically done fairly well through tough times and we continue to see it that way," House told analysts Thursday, the same day Tim's reported a second-quarter

profit of \$95.5 million, up from \$94.1 million the same time last year.

"Things like high gasoline and energy costs that hit the consumer for a share of their wallet are concerning, but having said that, great loyalty seems to hold the day for us."

Tim Hortons, like other restaurants, has been grappling with the rising price of coffee, wheat and sugar. But House said the company is locked into lower prices from suppliers until at least early next year.

The company raised menu prices by about 4.5 per cent in April to cover rising costs.

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Rising. Stock



▶ Traders work on the floor of the New York Stock Exchange on Thursday. Wall Street's wildest week since 2008 continued with the Dow Jones industrial average gaining 422.84 points to 11,278.90 by day's end.

RICHARD DREW/THE ASSOCIATED PRESS

Look up, waaaay up

Stocks shot up Thursday after investors saw small signs that the economy might not be headed into recession. U.S. unemployment numbers fell last week, and a technology bellwether said revenue could grow faster this quarter than analysts expected.

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UNEMPLOYED

More jobless in Greece

Greece's Statistical Authority says unemployment in the country jumped to 16.6 per cent in May, up from 12 per cent in the same month last year and 15.8 per cent in April 2011.

The agency said Thursday Greece had 220,534 more unemployed people

in May this year compared to May 2010, an increase of 36.6 per cent. The number of jobless stands at 822,719 in the country of about 11 million people.

European leaders agreed in July on a second bailout worth \$155 billion US for Greece, which had been granted its first rescue from international creditors last year.

The government has imposed strict austerity measures, increasing taxes and cutting public-sector pay and pensions.

THE ASSOCIATED PRESS

Trade deficit grows to 1.6B

Canada's trade deficit with the world expanded to \$1.6 billion in June, in a sign of just how slow the economy grew in the second quarter.

The trade deficit for the month, hit by a drop in energy and automotive exports, was up from a \$1-billion deficit in May, Statistics Canada reported Thursday.

Statistics Canada said merchandise exports fell 1.7 per cent in June, while imports were off 0.2 per cent. The trade surplus with the U.S. slipped to \$3.6 billion in June from \$3.7 billion in May and the trade deficit with countries grew to a record \$5.2 billion in

June from \$4.8 billion in May. Exports fell to \$36.5 billion, while merchandise imports fell to \$38 billion.

Exports to the United States declined 2.4 per cent to \$26.5 billion, while imports fell 2.3 per cent to \$22.8 billion.

Peter Hall, chief economist for Export and Development Canada, noted disruptions for exports caused by the Japanese earthquake and the tsunami.

"So some of the slowdown in momentum that we're seeing at the moment is not a demand problem, it is a supply problem."

THE CANADIAN PRESS

Harper hits table with Costa Rica

ADRIAN WYLD/THE CANADIAN PRESS



► Canadian Prime Minister Stephen Harper walks with the president of Costa Rica, Laura Chinchilla Miranda, in San Jose on Thursday.

► New agreements set between the two countries ► Governments will negotiate and broaden the free trade agreement after nine years

Prime Minister Stephen Harper continued his swing through Latin America Thursday, making trade- and security-related announcements in Costa Rica.

Harper announced new agreements on air transportation and the exchange of tax information between the two countries.

He also says Canada will open a new visa application centre in the country in September.

And he announced measures to bolster Costa Rica's police force.

The Canadian and Costa Rican governments are also going back to the negotiating table over their nine-year-old deal on free trade.

The talks are aimed at getting rid of tariffs for agricultural and industrial goods, and broadening the agreement to cover areas such as trade in financial services.

THE CANADIAN PRESS

Harper's route

- Prime Minister Stephen Harper left Ottawa last Sunday for a six-day swing through Latin America.
- His first stop was Brazil, where he aimed to boost trade between the two countries and talk about security in the region.
- From there the prime minister headed to Colombia and then Costa Rica.
- His final stop will be in Honduras before returning to Canada.

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THE METRO LIST

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1 Mad world: A group of musicians including Eminem and Gaga are shooting a video in support of famine relief in Somalia. In London, hundreds gather in support of iPads and flat-screen TVs.

2 Who's zooming whom?: Canada's largest trading partner now has bad credit, and it reminds me of the time I drove my Altima to co-sign for my brother's new Porsche. Hey Stephen Harper, now might be a good time to buy Hawaii.

3 Sports metaphor: The NBA has locked players out pending revisions to the collective bargaining agreement, but their leverage is dwindling as stars like Kobe and LeBron consider playing in China. And they say life imitates art? Let's just hope they get paid in yen.

4 That's the spirit: It's Spirit Week in Winnipeg, and commuters get to ride the "Spirit buses" for free, explore the city's core, and see live musical performances. Consequently, a ride on Toronto transit is just as fun. Last week, I saw a guy talk to himself in two languages he didn't understand, a lady who believed she controlled the subway doors with her mind and a Jerry Garcia-looking dude playing air violin. Now *that's* entertainment!

5 Hospital-ity: A story in the Montreal Gazette pronounced that Canadians live longer and healthier lives than Americans, while paying less for health care. I have always maintained that it is cheaper to be insulted by frustrated, underpaid nurses in Canada than just about anywhere.

6 Johnny's Drama: The final season of Entourage is underway, and rumour has it they're taking their antics to the big screen. Executive producer Mark Wahlberg says he's even willing to fund it himself, which makes me think, "I'd really like to be friends with Mark Wahlberg."

7 Boob tube: This week began a new season of Bachelor Pad, proving that there is always an audience for lowliness. The 20 minutes I did watch took me through a range of emotions from shame to melancholy, but ultimately left me feeling much better about myself. Maybe they're on to something.

8 Clap on. Clap off: The B.C. government developed a website, InSpot.org, that lets promiscuous citizens send anonymous emails telling sexual partners that they have been exposed to an STI. They're keeping it simple for now, but eventually they will have creative greetings like, "I know you're a vegetarian. Sorry about the crabs," or "Merry Christmas. This card entitles you to 15 per cent off antibiotics." With news like this, the jokes just write themselves.

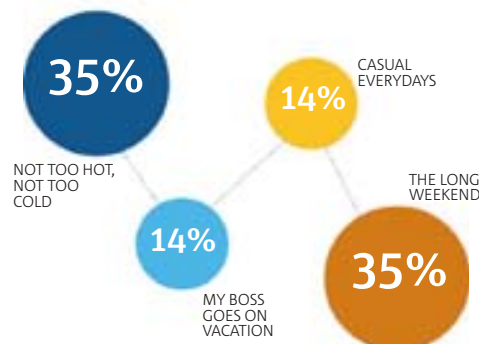
9 Money for nothin': This year's Teen Choice Awards were like a remix of Duck Sauce's Barbara Streisand song. The same names uttered repeatedly to a beat like, "Boom, Boom ... Justin Bieber. Boom, Boom ... Taylor Swift. Boom, Boom ... Selena Gomez." The Situation was upset he lost the award for male reality star to friend Pauly D. Why is this even a category? You acquire outrageous fortune with no talent and less than half a brain, and we should give you an award?

More from Mike Benhaim at metronews.ca/backbeat



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What's the best thing about August?



Local tweets



- **@hghfx:** Piercey's Halifax had nothing I needed but I could not resist the hot dog cart. Bad eating day number 32
- **@LStewart0821:** Wishes ppl in #Halifax would stop wearing socks with sandals... #ugly #wrong
- **@RayTwicket:** This weather makes me unproductive and lazy, that's my excuse and I'm using it until the sun comes back #halifax
- **@jayciejay:** There is a bright yellow orb hovering in the sky over #Halifax could someone please tell me what it is & should I be afraid?
- **@yelphalifax:** Dedicated the afternoon to doing things I've never done before in @downtownhalifax! What's on your Halifax bucket list??
- **@catloveridge:** Talk about social discrepancies- in Halifax, 319.00 per month in Yarmouth 214.00 for the long term disabled, you try it and eat 3 times/day
- **@CambridgeHfx:** Does anyone else feel bad for the #Buskers? Most of the week is gone and we've had nothing but cold, wet rain. Where art thou, summer?-Chris

Worth Mentioning

SHOELESS. The young Washington state man dubbed the Barefoot Bandit after a cross-country crime spree brought him folk outlaw status has reportedly signed a movie deal worth as much as \$1.3 million US with 20th Century Fox.

The Daily Herald reports that the money will be used to help pay the minimum \$1.4 million US that 20-year-old Colton Harris-Moore owes in restitution to the victims of his two-year-long crime spree.

Harris-Moore's multi-state crime spree earned him international attention. He stole five planes, more than a dozen cars, several boats and broke into homes and businesses. He was arrested July 11, 2010 on a stolen boat in the Bahamas.

Seattle entertainment lawyer Lance Rosen negotiated the deal on Harris-Moore's behalf. He says it's an unusual amount of money to be paid for anyone's life-story rights.

Harris-Moore pleaded guilty in June to seven federal felony charges. Sentencing is set for October. He still faces state court charges.

THE ASSOCIATED PRESS

Cartoon by Michael de Adder



WEIRD NEWS

Urine and you're out

A famed Austrian museum has fired an employee for washing his hands and face with his urine.

Alfred Zoppelt says he was fired after 23 years of working as an attendant at the Belvedere, a castle in Vienna with major art works. He says his adherence to urine therapy was previously "never a problem."

Zoppelt, 57, said Thursday his notice from Belvedere says he was fired because "you regular-

ly rub urine into your skin, particularly the face and hands. With this, you soil your place of work ... and threaten the health of your co-workers."

A woman answering the Belvedere press department phone confirmed that Zoppelt was fired but refused to give her name or further information.

Believers in urine therapy claim medical and cosmetic benefits but these have not been proven.

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Plot synopsis

Very loosely based on a strange Erie, Penn., bank robbery, the story involves a slacker pizza delivery boy (Jesse Eisenberg) who is kidnapped by two moronic criminals (Danny McBride and Nick Swardson). They strap a bomb to his chest and order him to rob a bank or, in 10 hours, everything will go boom.

Ratings:

Richard: ●●●●½

Mark: ●●●●

Reel Guys

RICHARD
CROUSE &
MARK
BRESLIN

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► Jesse Eisenberg, right, and Aziz Ansari star in *30 Minutes or Less*.

A raunchy good time

► *30 Minutes or Less* offers an unexpectedly fun mix of action and humour

► This low-rent film won't win an Oscar, but it's guaranteed to entertain

Richard: There's nothing genteel about *30 Minutes or Less*. The presence of Danny McBride assures that.

If you don't like his brand of foulmouthed, anything-goes humour, then you'll find very little to like here. But, if McBride turns your crank, you'll find much to like here.

Mark: I am no fan of Danny McBride. He's always playing the same loutish character in every movie. But he worked for me here, probably because the tight script gave him so little wriggle

room. On the other hand, I am a fan of Aziz Ansari, and for me he's the standout character in the film, with great and subtle line readings. Jesse Eisenberg? Let's just say he probably won't be nominated for an Oscar for this one.

RC: He may not get nominated for this one, but he does get a good Facebook jab in there. Good to see he can have a sense of humour about *The Social Network*, the biggest success so far. I have to agree with you about Ansari. He's a manic ball of energy here, and while I thought

he might be too much in the beginning, by the end I was glad he was there. The other thing this movie has going for it is the pace. It moves like a rocket. The 90 minutes really does feel like 30 minutes, or less!

MB: I know. I ordered a pizza when the movie started, but it was over before it even arrived! I applaud the producers for knowing that the film is flimsy and ensuring that it doesn't overstay its welcome. We've seen this plot done as a thriller; as a comedy it's not going to be as gripping. But I thought its low-

rent setting and general shabbiness fit with the rest of the movie. No one will be talking about the cinematography or costume design, will they?

RC: No they won't, but they will be talking about what a raunchy good time they had at the movies, and I think that is the goal of this kind of movie. It's Like the spiritual cousin to Eisenberg's *Zombieland*, an unexpectedly fun mix of action and humour.

MB: So it's a movie that aims low, and exceeds expectations!

2
scene

Scene in brief



When *Top Gun* was released 25 years ago, Kelly McGillis says she was constantly confronted by fans crooning 'You've Lost That Lovin' Feelin', the song Tom Cruise serenades her with in the hit film. "I couldn't go anywhere without people looking at me and singing to me," McGillis recalls.

THE CANADIAN PRESS



Suicides in movies tripled from 1950-2006, no difference whether film is PG-13 or R.

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Movie reviews

See it twice 🌐🌐🌐🌐 | See it now 🌐🌐🌐 | Worth watching 🌐🌐 | Yawn 🌐 | Don't bother 🌐

**Glee: The 3D Concert Movie****Genre:** Documentary**Director:** Kevin Tancharoen**Stars:** Cory Monteith, Dianna Agron, Lea Michele

🌐🌐🌐 For Gleeeks

🌐🌐 For everyone else

Glee: The 3D Concert Movie literally sings to the choir. If there ever was a movie made for

fans, this is it. A concert film, with real life fan testimonials tucked in between the pop songs and show tunes, the music loses most of its context when there isn't a story-line to play off of. What's left is essentially karaoke with some nifty dance moves thrown in for good

measure. Highlights include Lea Michele warbling through a Barbara Streisand tune; but when Mark Salling sings Fat Bottom Girls it doesn't sound so much like a Queen classic as it does the squealing death of rock and roll.

● RICHARD CROUSE

**Final Destination 5****Genre:** Horror/Thriller**Director:** Steve Quale**Stars:** Nicholas D'Agosto, Emma Bell, Arlen Escarpeta

🌐🌐🌐½

There's something delightfully straightforward about the Final Destination franchise, a series that knows what it is and doesn't pretend to be anything else. It

also knows why you're here: to see a group of witless young adults miraculously cheat death, only to have it catch up with them one by one in ever-more complex ways.

The biggest surprise is that, five films in, the franchise is actually at its best, managing to work in macabre laughs and a

clever twist that rewards eagle-eyed viewers. But what about those infamous death scenes? Some are more elaborate than others, but all are executed with delicious tension and teasing.

Let's just say you'll never watch a gymnastics contest the same way.

● NED EHRBAR

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the Help

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Richard Crouse, CANADA AM

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Guy Farris, ABC-TV/SACRAMENTO

★★★★★

Jeff Craig, SIXTY SECOND PREVIEW

DREAMWORKS PICTURES

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FOR AUGUST 11TH

9 Britney Spears - I Wanna Go

8 Jason Derulo - Don't Wanna Go Home

7 Lady Gaga - The Edge Of Glory

6 Classified - Day Doesn't Die

5 Nicole Scherzinger ft 50 Cent - Right There

4 Karl Wolf - Ghetto Love

3 Nicki Minaj - Super Bass

2 Rihanna - California King Bed

1 David Guetta ft Flow Rida - Where Them Girls At

1013THEBOUNCE.COM

'I'm a fighter, what can I say?'

► Conan star Rose McGowan is 103 pounds of pure grit



NED EHRBAR
SCENE@METRONEWS.CA
METRO WORLD NEWS HOLLYWOOD

In Conan the Barbarian, Rose McGowan ditches her usual glam look to portray Marique, a slithering, blade-wielding sorceress out to help her father (Stephen Lang) raise the dead and take over the world.

The part called for hours in the makeup chair and plenty of swordplay — not that McGowan is complaining, mind you.

Metro sat down with the always outspoken actress to chat about risking injury on set, the future of the Red Sonja remake and fighting above her weight class.

In Conan the Barbarian, you get to play with some pretty fun weapons.

That's fun, great fun. I think just as a girl I'm so consistently underestimated, especially because I weigh, like, 103 pounds. People treat you like you're this little doll. I'm like, my brain — which I think is why I'm always so injured — is not in line with what my body is like. So I'm like Scrappy Doo out there, fighting the big guys, which is why I always wind up getting hurt, because I have this unfortunately delicate frame.



► Rose McGowan as Marique in Conan the Barbarian.

With you being in Conan, does this mean you can't be Red Sonja?

I can't do that based on my injury. It's not worth it. It's not worth paralysis — being that I was paralyzed in my right arm from a stunt gone wrong.

I had three surgeries in my wrist, three in my elbow, part of the elbow bone out. There's points where you're like, 'OK, there are real-life situations and there are movie situations.'

And I've done things on film to save a shot. There was a huge camera up on a crane — this was on Death Proof — and it was sup-

posed to swing its arm, and out of the corner of my eye I saw it just falling, just swooping really fast. I should've just ducked out of the way, but I didn't want to ruin the shot, so I just turned my head to side and just laughed. And it literally just whipped through my hair. It would've probably decapitated me.

Might I suggest you should do some dramas instead?

I just did one! Although actually I got the crap beaten out of me for about two weeks straight by my husband in the movie, now that I think about it.

It was hard not going, 'I'm going to kick your ass now,' because I'm used to that instead of just taking it like a mouse.

So does the injury mean you're looking for fewer genre roles?

I will always. I'm a fighter, what can I say? And it's also just great fun. I love flying on wires and things being blown up around me and things lighting on fire. That's the fun part of what I do. I don't have to sit behind a desk. 'What did you do at work today?'

'Well... I flew over a 30-foot wall with a giant mushroom cloud explosion behind me. Half my hair burned off, but it looked fantastic!'

Hathaway no shoe-in for role in new film



HEIDI PATALANO
SCENE@METRONEWS.CA

METRO WORLD NEWS IN NEW YORK

It goes to show that it doesn't matter if you're an Academy Award nominated actress and accomplished thespian, confidence can be a struggle for anyone. Anne Hathaway isn't shy about admitting this.

"We're all a mixture of arrogance and insecurity," she says of actors. "I'm actually not a terribly confident person, I'm just professional."

Hathaway also readily admits that she was initially rebuffed by director Lone Scherfig when lobbying for the part of Emma Morley in the adaptation of David Nicholls beloved book, One Day.

It depicts the lives of two friends on one day, Ju-



► Anne Hathaway stars in One Day.

ly 15, of every year for 20 years. Since the characters happen to be British, Hathaway, who is very distinctly all-American, wasn't having an easy time of it. "It became a full-frontal assault to get the part," Hathaway says.

"I was sitting in a club

in London trying to explain to Lone why I ought to play Emma Morley and failing miserably. It was the worst meeting I ever had."

But nonetheless, Hathaway won Scherfig over and embarked on exploring the lives of the two characters, who share a sexual tension along with a close bond of friendship.

Can a straight man and a straight woman be friends?

She seems to think so. "Yeah, sometimes there's tension but it doesn't get in the way of the relationship," she says.

"But I'm not the person to answer this question. I've been in a rock solid relationship for three years and I'm a one man woman so I don't really look at other men that way. I'm terribly boring and loyal and true blue and all that."

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HALIFAX

BAYERS LAKE
190 Chain Lake Dr., Bayers Lake
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30 Minutes or Less (14) Digital, Dolby Stereo, Stadium Seating Fri-Thu 12:30-3:05-7:30-10:10
Captain America: The First Avenger 3D (PG) Dolby Stereo, Stadium Seating Fri-Thu 12:30-3:25-6:30-9:25
The Change-Up (14) Dolby Stereo, Stadium Seating Fri-Thu 12:55-3:55-7:20-9:50
Cowboys & Aliens (14) Dolby Stereo, Stadium Seating Fri-Thu 12:20-3:15-6:40-9:30
Crazy, Stupid, Love. (PG) Dolby Stereo, Stadium Seating Fri-Thu 1-4-7:05-10
Final Destination 5 3D (18) Stadium Seating, Dolby Stereo, No Passes Fri-Thu 12:45-3:30-7:15-9:50
Friends With Benefits (14) Dolby Stereo, Stadium Seating Fri-Thu 1:20-4:15-7:25-10:05
Glee: Live 3D (STC) Dolby Stereo, Stadium Seating Fri-Wed 12:15-3:6:25-9:10 Dolby Stereo, Stadium Seating Thu 12:15-3:6:20-9:10
Harry Potter and the Deathly Hallows: Part 2 (PG) Dolby Stereo, Stadium Seating Fri-Thu 12:10-3:10-6:20-9:30
The Help (PG) Dolby Stereo, No Passes, Stadium Seating Fri-Tue 12:3-25-6:45-9:45 Dolby Stereo, No Passes, Stadium Seating Wed 3:25-6:45-9:45 Dolby Stereo, Stadium Seating Wed 11 Dolby Stereo, No Passes, Stadium Seating Thu 12-3-25-6:45-9:45
Horrible Bosses (14) Dolby Stereo, Stadium Seating Fri-Thu 1:15-4:10-6:55-9:40
Rise of the Planet of the Apes (PG) Dolby Stereo, No Passes, Stadium Seating Fri-Sun 12:10-12:45-3:05-3:40-7:10-7:35-9:35-10:15 Dolby Stereo, Stadium Seating Mon-Wed 12:10-12:45-3:05-3:40-7:10-7:35-9:35-10:15 Dolby Stereo, Stadium Seating Thu 12:10-12:45-3:05-3:40-7:10-9:35-10:15
The Smurfs (G) Dolby Stereo, Stadium Seating Fri-Sat 12:20-12:55-3:55-6:40-9:15 Dolby Stereo, Stadium Seating Sun 12:55-3:55 Dolby Stereo, Stadium Seating Mon-Thu 12:20-12:55-3:55-6:40-9:15
The Smurfs 3D (G) Dolby Stereo, Stadium Seating Fri-Thu 3:15-6:10-9
Transformers: Dark of the Moon 3D (STC) Dolby Stereo, Stadium Seating Fri-Sat 12:05-3:20-6:35-9:55 Dolby Stereo, Stadium Seating Sun 12-3:10-9:55 Dolby Stereo, Stadium Seating Mon-Thu 12:05-3:20-6:35-9:55
WWE: SummerSlam 2011 (STC) Dolby Stereo, Stadium Seating Sun 9

IMAX
190 Chain Lake Dr., Bayers Lake
902-876-4800

Final Destination 5: An IMAX 3D Experience (18) No Passes, Stadium Seating, Dolby Stereo Digital Fri 6:45-9:20 No Passes, Stadium Seating Sat-Thu 6:45-9:20
Harry Potter and the Deathly Hallows - Part 2: An IMAX 3D Experience (PG) Stadium Seating, No Passes, Dolby Stereo Digital Fri 12:45-3:45 Stadium Seating, No Passes Sat-Thu 12:45-3:45

OXFORD THEATRE
6408 Quinpool Rd.
902-423-7488

Crazy, Stupid, Love. (PG) Fri 6:45-9:20



► Rise of the Planet of the Apes stars Freida Pinto and James Franco.

Sat-Sun 4-6:45-9:20 Mon 6:45-9:20 Tue 4-6:45-9:20 Wed-Thu 6:45-9:20

PARK LANE
5657 Spring Garden Rd.
902-423-4860

30 Minutes or Less (14) Stadium Seating Fri-Sat 1:30-4-7-9:20-11:50 Stadium Seating Sun-Thu 1:30-4-7-9:20
Captain America: The First Avenger 3D (PG) Stadium Seating Fri-Thu 12:40-3:25-6:45-9:45
The Change-Up (14) Stadium Seating Fri-Thu 1:20-4:10-6:50-9:10
Cowboys & Aliens (14) Stadium Seating Fri-Sat 12:50-3:45-6:40-9:25-11:40 Stadium Seating Sun-Thu 12:50-3:45-6:40-9:25
Final Destination 5 3D (18) Stadium Seating, No Passes Fri-Sat 1:10-3:40-7:20-9:40-11:45 Stadium Seating, No Passes Sun-Thu 1:10-3:40-7:20-9:40
Fright Night (STC) Dolby Stereo, Stadium Seating Fri-Sat 11:30
Harry Potter and the Deathly Hallows: Part 2 (PG) Stadium Seating Fri-Wed 12:35-3:20-6:20-9:05 Stadium Seating Thu 12:35-3:20-9:05
The Help (PG) Stadium Seating Fri-Thu 12:30-3:30-6:30-9:30

Rise of the Planet of the Apes (PG) No Passes, Stadium Seating Fri-Sat 1-3:50-7:10-9:50-11:55 No Passes, Stadium Seating Sun-Thu 1-3:50-7:10-9:50

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30 Minutes or Less (14) Dolby Stereo, Stadium Seating Fri 4-7-20-9:40 Dolby Stereo, Stadium Seating Sat-Sun 1-4-7-20-9:40 Dolby Stereo, Stadium Seating Mon 7:20-9:40 Dolby Stereo, Stadium Seating Tue 4-7-20-9:40 Dolby Stereo, Stadium Seating Wed-Thu 7-20-9:40
The Change-Up (14) Dolby Stereo, Stadium Seating Fri 3:45-7-9:20 Dolby Stereo, Stadium Seating Sat-Sun 12:45-3:45-7-9:20 Dolby Stereo, Stadium Seating Mon 7-9:20 Dolby Stereo, Stadium Seating Tue 3:45-7-9:20 Dolby Stereo, Stadium Seating Wed-Thu 7-9:20
Crazy, Stupid, Love. (PG) Dolby Stereo, Stadium Seating Fri-Thu 6:30-9
Final Destination 5 (18) Dolby Stereo,

Stadium Seating Fri 3:40-7:10-9:35 Dolby Stereo, Stadium Seating, No Passes Sat-Sun 12:40-3:40-7:10-9:35 Dolby Stereo, Stadium Seating Mon 7:10-9:35 Dolby Stereo, Stadium Seating Tue 3:40-7:10-9:35 Dolby Stereo, Stadium Seating Wed-Thu 7:10-9:35
Glee the 3D Concert Movie (STC) Dolby Stereo, Stadium Seating Fri 3:10-6:40-9:30 Dolby Stereo, Stadium Seating Sat-Sun 12:10-3:10-6:40-9:30 Dolby Stereo, Stadium Seating Mon 6:40-9:30 Dolby Stereo, Stadium Seating Tue 3:10-6:40-9:30 Dolby Stereo, Stadium Seating Wed-Thu 6:40-9:30
Harry Potter and the Deathly Hallows: Part 2 (PG) Dolby Stereo, Stadium Seating Fri 3 Dolby Stereo, Stadium Seating Sat-Sun 12-3 Dolby Stereo, Stadium Seating Tue 3
Rise of the Planet of the Apes (PG) No Passes, Dolby Stereo, Stadium Seating Fri 3:30-6:45-9:10 No Passes, Dolby Stereo, Stadium Seating Sat-Sun 12:30-3:30-6:45-9:10 Dolby Stereo, Stadium Seating Mon 6:45-9:10 Dolby Stereo, Stadium Seating Tue 3:30-6:45-9:10 Dolby Stereo, Stadium Seating Wed-Thu 6:45-9:10
The Smurfs (G) Dolby Stereo, Stadium Seating Sat-Sun 12:20
The Smurfs 3D (G) Dolby Stereo, Stadi-

um Seating Fri-Sun 3:20-6:50-9:15 Dolby Stereo, Stadium Seating Mon 6:50-9:15 Dolby Stereo, Stadium Seating Tue 3:20-6:50-9:15 Dolby Stereo, Stadium Seating Wed-Thu 6:50-9:15

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30 Minutes or Less (14) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:40-4:35-8-10:45
Captain America: The First Avenger 3D (PG) Dolby Stereo Digital, Stadium Seating Fri-Thu 9:15
The Change-Up (14) Dolby Stereo Digital, Stadium Seating Fri 1:35-4:30-7:50-10:40-12:20-3:10-7:45-10:35 Dolby Stereo Digital, Stadium Seating Sat-Thu 1:35-4:30-7:50-10:40
Cowboys & Aliens (14) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:05-4:30-7:20-10:20
Crazy, Stupid, Love. (PG) Dolby Stereo Digital, Stadium Seating Fri-Sat 12:55-4-7-10:10 Dolby Stereo Digital, Stadium Seating Sun 12:55-4 Dolby Stereo Digital, Stadium

Seating Mon-Thu 12:55-4-7-10:10
Final Destination 5 3D (18) Dolby Stereo Digital, Stadium Seating, No Passes Fri-Thu 1:25-4-20-7:30-10:30
Glee the 3D Concert Movie (STC) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:15-4-10-7:40-10:15
Harry Potter and the Deathly Hallows: Part 2 (PG) Dolby Stereo Digital, Stadium Seating Fri-Thu 12:30-3:40-6:50-9:50
The Help (PG) Digital, Dolby Stereo Digital, Stadium Seating Fri-Thu 12-3:10-6:30-9:45
Horrible Bosses (14) Dolby Stereo Digital, Stadium Seating Fri-Thu 12:10-3-6:25
Rise of the Planet of the Apes (PG) Stadium Seating, No Passes Fri-Sun 12:20-1-3-20-3:50-6:40-7:10-9:30-10 Stadium Seating Mon-Thu 12-20-1-3-20-3:50-6:40-7:10-9:30-10
The Smurfs (G) Dolby Stereo Digital, Stadium Seating Fri-Thu 12:45
The Smurfs 3D (G) Dolby Stereo Digital, Stadium Seating Fri-Thu 3:30-6:45-9:20
WWE: SummerSlam 2011 (STC) No Passes, Stadium Seating Sun 9

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30 Minutes or Less (14) Dolby Stereo, Stadium Seating Fri-Thu 3:20-6:55-8:55
The Change-Up (14) Dolby Stereo Digital, Stadium Seating Fri-Thu 3:30-6:40-9:05
Crazy, Stupid, Love. (PG) Dolby Stereo Digital, Stadium Seating Fri-Thu 9
Final Destination 5 3D (18) Stadium Seating, Dolby Stereo Digital, No Passes Fri-Thu 3:05-6:35-8:50
Glee the 3D Concert Movie (STC) Stadium Seating, Dolby Stereo Digital Fri-Thu 3:10-7-9:20
Harry Potter and the Deathly Hallows: Part 2 (PG) Stadium Seating, Dolby Stereo Digital Fri-Thu 3-6:30
Rise of the Planet of the Apes (PG) Dolby Stereo Digital, No Passes, Stadium Seating Fri-Sun 3:25-6:50-9:10 Dolby Stereo Digital, Stadium Seating Mon-Thu 3:25-6:50-9:10
The Smurfs (G) Dolby Stereo Digital, Stadium Seating Fri-Thu 3:15-6:45-9:15

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30 Minutes or Less (14) Fri-Sun 2:50-7:10-9:15 Mon 7:10-9:15 Tue 2:50-7:10-9:15 Wed-Thu 7:10-9:15
The Change-Up (14) Fri-Sun 3:30-7-9:30 Mon 7-9:30 Tue 3:30-7-9:30 Wed-Thu 7-9:30
Cowboys & Aliens (14) Fri-Sun 3-6:30-9:10 Mon 6:30-9:10 Tue 3-6:30-9:10 Wed-Thu 6:30-9:10
Final Destination 5 (18) No Passes Fri-Sun 3:20-7:20-9:35 No Passes Mon 7-9:35 No Passes Tue 3:20-7-9:35 No Passes Wed-Thu 7-20-9:35
Glee the 3D Concert Movie (STC) Fri-Sun 2:40-6:40-9:05 Mon 6:40-9:05 Tue 2:40-6:40-9:05 Wed-Thu 6:40-9:05
Rise of the Planet of the Apes (PG) No Passes Fri-Sun 3:10-6:50-9:20 Mon 6:50-9:20 Tue 3:10-6:50-9:20 Wed-Thu 6:50-9:20
The Smurfs (G) Fri-Sun 2:30 Tue 2:30
The Smurfs 3D (G) Fri-Thu 6:15-8:40

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► Even Kanye West's col-laboration with Jay-Z couldn't save the summer

THE SUMMER OF DROUGHT

SOUND CHECK



ALAN CROSS
SCENE
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No, you're not imagining things. This has been a dry summer for big releases.

Just wander into any record store and you'll see the same CDs in the "new release" section week after week.

Oh, sure there's new product every Monday (in the U.K.) and Tuesday (in North America), but since early June, almost everything has come from new or niche-y acts. There have been some exceptions, of course (Beyoncé, Bad Meets Evil, the Kanye/Jay-Z project, a Coldplay single) but for the most part, this summer has been a dead zone, like a lake choked off by algae.

My record weasel friends confided in me as far back as March that their companies had nothing in the pipeline. Paralyzed by industry issues (the sale of Warner Music Group, the uncertainty surrounding EMI, dropping revenues everywhere), everyone was afraid to commit to, well, almost anything. Best focus on getting Beyoncé's 4 in as many iPods as possible. And another single from Mumford & Sons?

Sure!

Bricks-and-mortar music retailers have been left with precious little to promote. It's hard to get anyone really excited about, say, a deluxe edition re-release of Arcade Fire's *The Suburbs*. Instead, stores are left pushing Adele's 21, which helps explain why it's spent most of the year at number one on both sides of the border. Other stores are stocking up on Amy Winehouse CDs. In past decades, sales of disposable summery Top 40 hits would have picked up the slack, but a quick glance at the radio airplay and physical singles sales charts reveals little correlation. Instead, LMFAO and Pitbull are selling lots of low-margin digital copies. In other words, this summer has been to music what January and February are to the movie studios: big pushes on old releases while simultaneously releasing whatever non-superstar material that's in the warehouse.

What to do? If you have the time/cash, you can take some chances. The *Horrors Skyline* (which came out this week) is very good. I'm very much into the *Washed Out* album *With and Without*. And if you've yet to buy the new *Death Cab for Cutie*, think about it.

If you'd rather wait, the Christmas shopping season starts on the 30th with releases from the Red Hot Chili Peppers and Lenny Kravitz. And September — with new CDs from Mary J. Blige, Lady Antebellum and Jane's Addiction — looks promising.

Working together

► Elizabeth McGovern, Michelle Dockery connecting

There are secret romances, wars and endless backstabbing on *Downton Abbey*, the British TV series that follows the lives of the aristocratic Grantham family and their

servants in the early 20th century.

But off-screen, there is music. Elizabeth McGovern and Michelle Dockery, who co-star in the Emmy-nominated drama, are col-

laborating musically, and Dockery is hoping to sing on McGovern's next project with her folk rock band, Sadie and the Hot-heads.

THE ASSOCIATED PRESS



► Michelle Dockery.

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Coming this fall: Time warps, snark and sci-fi



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METRO WORLD NEWS IN NEW YORK

Two new comedies are using Brooklyn as both backdrop and character: The more serious-minded *I Just Want My Pants Back* and multi-cam sitcom *2 Broke Girls*.

Executive producer Doug Liman says *Pants* captures the "artistry" right now in Brooklyn, while *Girls* is more of a female buddy-comedy poking fun of slacker trust-fund kids.

Less New York and more sweet is *New Girl*. The crew behind this comedy refers to their lead as "adorkable" rather than cool, but c'mon — it stars Zooey Deschanel.

Meanwhile, *Up All Night* shows what happens when the cool kids grow up — and get knocked up.

Will Arnett and Christi-

Life in 2149

Terra Nova gives viewers a different kind of time jump, sending Earthlings stuck on a dying planet in the year 2149 back to primeval times in a last-ditch effort to save civilization.

- **The good news:** Dinosaurs!
- **The bad:** Pedestrian acting and writing.

na Applegate star as parents struggling to balance a new baby and their old lifestyle.

Blast from the past Like *Mad Men* before them, three new dramas look to the 1950s/1960s for inspiration: *The Hour*, *The Playboy Club* and *Pan Am*.

All three are gorgeously produced with obvious at-



► **2 Broke Girls** airs on Citytv this fall

tention to detail in wardrobe and set design, but only *The Hour* and *Pan Am* offer the same promise in storytelling.

TV picks



Things start to heat up on Torchwood

MIRACLE DAY. We're over the hump in the 10-episode run of *Torchwood: Miracle Day*, and time is running out for our heroes.

With the rest of his team trapped on different continents, Jack has no choice but to go straight to the heart of the conspiracy in Saturday's new episode. (Space)

Spending Valentine's with a hostage

FLASHPOINT. Friday's new episode of *Flashpoint* promises drama, even if it isn't particularly timely.

A new recruit (Cle Bennett of *Barney's Version*) joins the team on one of the toughest days of the year for hostage situations and suicides — Valentine's Day. Clearly, at least a few people forgot to go to the florist. (CTV)

Hang with a Special Forces Operative

GLOBE-TROTTERING SERIES. U.S. cable network Cinemax is venturing into new territory with *Strike Back*, the channel's first-ever original scripted drama.

The 10-part series debuting Friday focuses on a charismatic former U.S. Special Forces operative

who works with the British military to dispatch a terrorist group.

The globe-trotting series balances its serious premise with white-knuckle action sequences and the bedroom adventures of its cad of a lead. (HBO Canada)

Sketch comedy with Snoop Dogg

IN THE FLOW. YouTube sensation Affion Crockett is the latest entertainer to break through thanks to viral buzz.

The comedian — who gained notoriety for spot-on impressions of Toronto rapper Drake and his frequent collaborator Lil Wayne — launches his new sketch show, *In the Flow* with Affion Crockett, on Sunday.

This premiere episode will feature guest appearances from rapper Snoop Dogg and fashion mogul Russell Simmons.

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Las Vegas	from \$498 + taxes & fees \$121
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Tokyo	from \$639 + taxes & fees \$784
Johannesburg	from \$939 + taxes & fees \$487
Auckland	from \$1329 + taxes & fees \$638

Europe

Glasgow
Air + First 2 Nights
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from
+ taxes & fees \$562

INCLUDES central accom.
ADD 2 nights Isle of Skye tour from \$370.

Iceland Air + 6 Nights from **\$649**
+ taxes & fees \$333
INCLUDES central accom with breakfast.
ADD Blue Lagoon tour from \$49. **ADD** Reykjavik Greater Area Sightseeing tour from \$74.

Venice Air + First 2 Nights from **\$685**
+ taxes & fees \$500
INCLUDES central accom near Saint Mark's Square with breakfast. **UPGRADE** to 4-star accom from \$18 per night. **ADD** Romantic Waterways of Venice tour from \$52.

Oktoberfest
Air + 4 Nights 4-Star from **\$1399**
+ taxes & fees \$548
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Greece Air + 3 Nights + Tour from **\$1599**
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Southern Caribbean
7-Night Cruise from USD **\$379**
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CRUISE roundtrip San Juan and visit St Thomas, Barbados, St Lucia, St Kitts and St Maarten.

Hawai'i 10-Night Cruise from USD **\$599**
+ taxes & fees USD \$65
CRUISE Ensenada to Honolulu and visit Hilo, Kona, Maui and Honolulu (overnight).

Cruise & Stay

Miami
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from
+ taxes & fees \$190

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USA

Las Vegas
Air + 3 Nights
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from
+ taxes & fees \$132

INCLUDES accom on the Strip.
ADD Champagne Rock Star tour from \$47.

New Orleans
Air + 3 Nights 4-Star from **\$559**
+ taxes & fees \$94

INCLUDES accom near French Quarter and Mississippi River. **ADD** swamp and bayou tour for \$49.

Chicago Air + 3 Nights 4-Star from **\$629**
+ taxes & fees \$89
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San Francisco Air + 3 Nights from **\$739**
+ taxes & fees \$130

INCLUDES accom near sights and attractions. **UPGRADE** to 4-star accom from \$49 per night. **ADD** wine country tour from \$68.

Phoenix Air + 3 Nights from **\$775**
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Hudson praising her mother for parenting

▶ A recent mother herself, Kate feels thankful for Goldie

Kate Hudson says she's aspiring to be like her own parents when it comes to raising her kids.

"My parents allowed my brother and I to have our freedom," she tells Elle magazine. "(We could) be ourselves and feel confident in our choices and make mistakes without too much judgment."

Hudson hopes she "can do as good of a job" as her mom, Goldie Hawn, who "never hands out unsolicited preachy words of wisdom," she says.

And despite having a newborn at home, Hudson isn't slowly down.

"I would never want to be with someone who complains and goes, 'Oh, my God, my life is so crazy,'" she says. "If you make the best of it, it can be amazing."

● METRO

"(We could) be ourselves and feel confident in our choices and make mistakes without too much judgment"

KATE HUDSON



ALL PHOTOS GETTY IMAGES

Talking points

Davis prepares to adopt child

EXPECTING. It's a big week for Viola Davis. Not only is she earning rave reviews for her role in *The Help*, but she and husband Julius Tennon are starting a family.

"We're about to adopt a baby," Davis tells to E! News.

The baby will be the couple's first child together, while Tennon has two children from previous relationships.

● METRO

Glee star now wary of tabloids

PRESS Glee star Dianna Agron already has one headline-friendly past relationship — with ex Alex Pettyfer — under her belt, but she's planning to keep her future affairs out of the tabloids.

"It's really sad looking at people like Lindsay Lohan," Agron says in an interview with *Cosmopolitan* magazine.

"She's an amazing actress, but you see what happens when

Celebrity tweets



"I surfed in Hawaii for a month and only showered twice!!! I'm not gonna lie, I smelled!!!"
@timberlake



"I love my wife deeply and forever but I do have to say: Jennifer Aniston Jennifer Aniston Jennifer Aniston."
@denisleary

"Why would you think rumors are true when even people you know well, will on occasion, lie to your face??..Don't gossip it's just insidious"



"Comedy is just complaining in an entertaining way."
@jerryseinfeld



people know too much about your personal life. They start not being able to look at you the same way professionally. I don't want that to happen to me."

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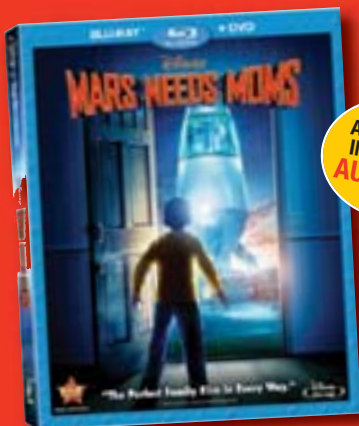
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Lobster: Little crustacean, big taste

► Impress family and friends at your next backyard get-together with delicious barbecued lobster ► It's healthier than some meat options



► Lobster is a healthy option as it contains less cholesterol and calories than meat.

You can impress your friends and family this summer with this delicious and healthy barbecued lobster recipe.

In fact, lobster is an appetizing and very nutritious barbecue option as it contains less cholesterol, calories, and saturated fats than typical grilling choices such as lean beef, pork, and chicken.

This fun summer recipe from Halifax's Clearwater Seafoods, one of the

world's leading seafood companies, is an ideal choice for your next backyard get together.

Barbecued Lobster with Red Pepper and Lime Butter

Preparation:

- 1 Bring large pot of salted water to a boil; plunge in lobsters for 4-6 minutes to blanch. Remove and cool lobsters until you can handle them.

Cut in half, lengthwise, remove viscera, and crack claws.

- 2 Preheat oven to 425 F. Brush red pepper with oil, place on a baking sheet and roast for 15 minutes, turning several times. Remove from oven and cool. Carefully peel off pepper skin, remove seeds and chop pepper. Place softened butter, red pepper, zest and juice from limes in a

blender and process until smooth. Season with salt, pepper and cayenne. Set aside at room temperature.

- 3 Prepare marinade by combining olive oil, garlic, lemon juice, chives, coriander and black pepper. Rub thoroughly over lobster and let stand 20 minutes. Barbecue lobster flesh-side down on a hot grill until golden. Turn, brush flesh with red pepper butter and cook, shell side down for another 6-8 minutes. Allow the lobster to rest on warm plates, top with remaining red pepper butter.

NEWS CANADA

Ingredients:

- 4 Clearwater lobsters
- 1 Red bell pepper, peeled and seeded
- 2 tbsp oil
- 1 cup butter, softened
- 2 limes, juice and zest to taste
- Salt and pepper
- pinch Cayenne pepper
- 2 garlic cloves, chopped
- 1 lemon, juices
- 1 ½ cup fresh chives and coriander, chopped
- Ground black pepper, coarse
- Lemon wedges as garnish

A barbecue wine lesson



PETER ROCKWELL
LIQUIDASSETS@EASTLINK.CA
TWITTER: @THEREALWINEGUY

Even though I treated my barbecue with kid mitts, last weekend saw the passing of my nearly five-year-old gas fired grill. Sadly, modern grills seem to have the staying power of a Jennifer Lopez marriage so I had to say hello to a shiny new addition to my back deck.

I like nothing better than a nicely prepared burger so a plethora of patties was the best way to christen my latest investment. It was also a great opportunity to experiment with a barbecue-ready wine.

The Rhone Valley is the home of the syrah grape (a.k.a. shiraz) to the north and the grenache grape to the south. Those reds labelled Côtes du Rhône come from vineyards throughout and are often a blend of both.

Ogier's 2009 Héritages Côtes du Rhône (\$14.95 - \$17.99) is a well-balanced combo of ripe, black fruit (from the grenache) and subtle pepper spice (thanks to the syrah), which makes it a perfect grilling wine with enough fruit to work nicely with milder sauces, marinades and a cornucopia of condiments. **PRICES REFLECT THE RANGE ACROSS CANADA. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

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It's snack time

► These two very different snacks are perfect for an afternoon treat ► Satisfy your savoury and sweet tooth

BOTH PHOTOS: THE CANADIAN PRESS/H/O



► Although this recipe makes just one serving, it is quite easy to multiply.

Summer days and ice-cream sundaes just seem to go together. Here is a twist on Canada's classic butter tart that will wow kids of all ages

maining cookie crumbs. Drizzle with caramel raisin mixture, toasted pecans and whipped cream (if using), and garnish with additional sundae syrup. Serve.

THE CANADIAN PRESS/
SMUCKER FOODS OF CANADA

Preparation:

- 1 In a small bowl, combine 30 ml (2 tbsp) caramel syrup and raisins. Set aside. Drop 15 ml (1 tbsp) of the cookie crumbs in bottom of waffle bowl. Top with ice cream and re-

Ingredients:

- 30 ml (2 tbsp) caramel-flavoured syrup, plus extra for garnish
- 15 ml (1 tbsp) raisins
- 1 12-g waffle bowl
- 30 ml (2 tbsp) shortbread cookie crumbs, divided

- 1 scoop (125 ml/1/2 cup) butterscotch ripple ice cream
- 15 ml (1 tbsp) toasted pecans (optional)
- Whipped cream (optional)
- Additional syrup for garnish

Flaky Savoury Spirals



► This recipe makes six servings.

Preparation:

- 1 Preheat oven to 200 C (400 F). Thaw pie shells at room temperature for 15 minutes.
- 2 Invert each pie shell from foil onto clean, flat, lightly floured surface. Using fingers lightly moistened with water, pinch and press any cracked edge.
- 3 Spread 15 ml (1 tbsp) mustard on one pie shell, leaving a 1-cm (1/2-inch) border around edge. Place 1

wiener on pastry edge closest to you. Sprinkle 50 ml (1/4 cup) cheese over mustard. Carefully roll up and cut roll crosswise into 2-cm (3/4-inch) slices.

- 4 Gently pinch pasty end of each spiral to prevent unravelling during baking. Place on parchment paper-lined baking sheet. Repeat with 2nd shell.
- 5 Sprinkle spirals with remaining cheese and bake in preheated

oven for 12 to 15 minutes or until cheese is melted and pastry is golden brown. Serve with your favourite dipping sauces.

THE CANADIAN PRESS/
TENDERFLAKE

Ingredients:

- 2 frozen pie shells
- 30 ml (2 tbsp) your favourite mustard, divided
- 2 jumbo wieners
- 250 ml (1 cup) shredded cheese, divided

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Soak up fun-filled field days

► Liven up the weekend with family-friendly happenings during Sambro Sou'Wester Days

JON
TATTRIE
FOR METRO

Sambro Sou'Wester Days 2011 are shaping up to be an action-packed weekend of sports, boat trips, parades and fireworks.

Reached earlier this week, co-chair Kim MacKay was busy trying to make sure everything goes off without a hitch.

Events start Thursday evening with the baseball tournament at the James MacPhee field near Crystal Crescent beach.

The all-ages competition runs until the finals on Sun-

day. This year, they've also added a soccer tournament for more than 100 kids.

"The field is big enough that all the kids play at once," MacKay says.

"It looks like a million little ants out there."

After Friday's games, Yuk Yuks comedians will take over the beer tent near the field at 9 p.m.

Meanwhile, Saturday starting at 10 a.m., two local fishing boats will be offering tours to Sambro Island. The boats will putter past the seals to the lighthouse, where people can get out and explore the ru-

ins on the windswept island.

Tickets (\$20 each) are available at Government Wharf on the day.

The parade starts at 10 a.m., followed by the Family Carnival at noon.

The day will also have entertainment at the beer tent and a washer-toss tournament starting at noon. At 9 p.m., the community dance with live music starts in the beer tent. Sunday starts with the Blessing of the Fleet at noon.

The soccer and baseball tournaments crown their champions in the after-

noon. At 2 p.m., there's a different kind of sport as the popular Rubber Duck Race starts at Sambro Creek.

"You buy a duck for \$5 and then the firefighters get in the pond with their hoses and give them a good blast of water," MacKay laughs. "The first duck down at the bottom wins usually about \$250."

St. James Church will offer seafood chowder in the afternoon and hosts a ceilidh starting at 7:30 p.m. The weekend closes with the 10 p.m. fireworks at Crystal Crescent Beach.

Into the light

History and fun meet at the Sambro Lighthouse.

- The lighthouse is the oldest working lighthouse in the Americas.
- Established in 1758 at the mouth of the Halifax Harbour, it was one of the first major tasks of the fledgling city of Halifax.
- The candy-striped structure sits on a small, uninhabited island, about a 20-minute trip from Sambro.
- Boats pass a few collapsing homes en route.

Beach life, stripped down

Crystal Crescent, a skinny stretch of beach outside of Sambro, is one of Halifax's most exposed getaways.

It's a stripped-down spot for celebrations and many sun-bathers turn up in their birthday suits. You could even say it's best seen with the naked eye.

Everyone knows Crystal Crescent's little secret: the third beach is one of the most popular, if unofficial, nude beaches in Nova Scotia.

The area is also home to Pennant Point Park, site of a fascinating archeological dig. Coote Cove was a small, vibrant fishing community founded in 1794. At its peak, there were 27 homes along the shoreline.

Residents drifted away over the decades and by 1907, just three buildings remained.

In the 1990s, local high school students conducted an archeological dig on the site, unearthing ceramics, glass and the foundations of many of the homes. Visitors can tour the ghost community via a maze-like structure showing the outline of Coote Cove and view the artifacts.

► JON TATTRIE/FOR METRO

Beach 'combers'

- The area, now known as Crystal Crescent Beach, was used by Mi'kmaq people for more than 2,000 years.
- Students digging in Coote Cove found more than 1,700 Mi'kmaq artifacts, including stone flakes, pottery and arrowheads.

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Honouring Sambro's historic fishing roots

Community set to gather for annual Blessing of Fleet



Sambro was founded as a fishing community, and unlike many other Halifax villages, it remains focused on the ocean in front of it, not the city behind it.

That annual Blessing of the Fleet is a powerful day. Keltie van Binsbergen, minister of St. James United Church, will lead the service Sunday at noon.

"Anybody who owns a boat or who wants to partic-



SUPPLIED PHOTOS

ipate is invited," she says.

The boats gather near Government Wharf and the minister is taken out on a Coast Guard vessel.

Last year, about 20 joined the blessing. Van Binsbergen offers a prayer, gives readings and leads hymns. A wreath and flowers honouring those who have died at sea are thrown into the water.

"It's acknowledging those who have died at sea, but a lot of it is asking for blessing on the fishing boats and all the boats people use for pleasure, and the different working boats," she says. "In Sambro, pretty much everybody's got family or a friend who works on the sea or is on the sea a lot."



► The annual Blessing of the Fleet remembers those who died at sea.

Sambro past

- Some of Sambro's earliest recorded fatalities came in July 1780, when British and American privateer ships clashed off Sambro.
- More than 50 people died.
- More recently, five members of a Sambro family died when the Bonnie Lou II sank in 1988.



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4
sports

Quoted



"I really didn't play the game to be in the Hall of Fame. That wasn't my job. My job was to go out there and win ballgames, have a good time and take care of my family."

DENNIS RODMAN IN SPRINGFIELD, MASS., THURSDAY. THE FIVE-TIME NBA CHAMPION WAS TO BE ENSHRINED INTO THE NAISMITH MEMORIAL HALL OF FAME ON FRIDAY.

"As long as the people had a good time, that was my main objective."

RODMAN



Scan code for more sports.

NBL of Canada has its starting seven

RYAN TAPLIN/METRO FILE



► NBL Canada interim president Andre Levingston.

The seven cities that will house teams in the National Basketball League of Canada have been finalized.

Moncton, N.B., and Summerside, P.E.I., were announced Thursday as the sixth and seventh NBL Canada franchises that will begin play with a 36-game schedule in early November.

They join expansion franchises in Oshawa, Ont.,

and London, Ont., and three founding teams: The Halifax Rainmen, Saint John Mill Rats and Quebec Kebs.

Interim league president Andre Levingston said there is no chance of additional teams for the inaugural campaign.

"Not this year, we're done," Levingston said, adding that the seven-team circuit is now ready to

move forward with its try-out combine and draft on Aug. 20 and 21 in Toronto. "Everything is a go."

Levingston has wanted a professional basketball franchise in Moncton for years, dating back to his days as director of Canadian business development for the Premier Basketball League.

"Moncton is a city I've had my eye on for a long,

long time now," he said.

Moncton's owner is Steven Conville, who initially targeted Kingston, Ont., for a franchise but turned his focus to Moncton after that fell through.

● MATTHEW WUEST



Discuss the National Basketball League of Canada on our new forum at forum.metronews.ca.

Mooseheads eager for Weegar

DAILY NEWS FILE

- Mooseheads look to Ontario for blue-line help
- Acquire offensive defenceman in trade for draft choice



MATTHEW WUEST
@METRONEWS.CA

The Halifax Mooseheads have tapped Ontario in the hopes of uncovering a hidden gem on the blue-line.

The Mooseheads picked up MacKenzie Weegar from the Rouyn-Noranda Huskies on Thursday, acquiring a potential high-scoring defenceman who has been passed over in consecutive Ontario Hockey League drafts and recently cleared OHL waivers.

The Huskies had claimed Weegar off QMJHL waivers earlier this week and got a 2012 ninth-round draft pick in the deal with the Mooseheads.

"He's an offensive defenceman. ... We've had our guys watch him and we're excited about seeing what he can bring," said Mooseheads general manager

Net depth

The Mooseheads are also bringing in 17-year-old goaltender Brad Fraser from the Ontario junior B level.

► He had a 6-20 record with a 5.47 goals-against average and a .847 save percentage in 28 games with the Brockville Tikis last season.

Cam Russell. "It's tough to find offensive defencemen so we thought it was worth the gamble."

Weegar played junior B last season for the Winchester Hawks in the Eastern Ontario Junior Hockey League. At age 16, he had 10 goals and 23 assists for 33 points, along with 94 penalty minutes, in 40 games on his way to the St. Lawrence-Rideau conference's rookie-

of-the-year honour.

He'll battle the likes of 20-year-old Jonathan Parisien and fellow rookies Mitchell Shewfelt, Josh Desmond and Brian Lovell for the Mooseheads' seventh defence spot.

"We'll assess him, see where he's at and go from there," Russell said.

The Mooseheads haven't had an impact OHL castoff since Rane Carnegie — a star from 2004 to 2006 — and want to do a better job in that department. Russell said the organization plans to hire an Ontario scout.

"Any area where there are players available, we're going to make sure we know them all," Russell said. "There are twice as many kids (in Ontario) as there are in Quebec and the Maritimes and there a lot of good players there who just don't get jobs at the major junior level."



► Former captain Rane Carnegie once cleared OHL waivers to end up in the QMJHL with the Mooseheads. They're hoping the acquisition of MacKenzie Weegar pays off, too.

Herd's Souigny to miss start of camp with vision problem

METRO FILE



► Alex Souigny

Halifax Mooseheads right-winger Alex Souigny has made little progress with a troubling eyesight problem.

Souigny, who continues to undergo tests as doctors work to diagnose the cause, will remain in his hometown of Montreal for the foreseeable future and will not report to training camp at Cole Harbour Place next week.

"He can't drive, he can't work, and he won't be here until they find out what's wrong," said Mooseheads general manager Cam Russell.

Souigny had five goals and nine assists in 52 games as a 17-year-old rookie last season and was slated for a checking role this coming season.

● MATTHEW WUEST

Sports in brief

Tiger Verlander leading the pack

MLB. Detroit's Justin Verlander became the first 17-game winner of 2011 as the Tigers avoided being swept by Cleveland and opened a three-game lead in the AL Central with a 4-3 win over the second-place Indians Thursday night. It was Verlander's 100th career win. **THE ASSOCIATED PRESS**

U.S. Open plans homage for 9-11 anniversary

TENNIS. A white "9-11-01" will be painted next to the court for the U.S. Open men's and women's singles finals, part of the tournament's commemoration of the 10th anniversary of the Sept. 11 terrorist attacks. The men's final in New York is scheduled for Sunday, Sept. 11. The women's final is a day earlier. **THE ASSOCIATED PRESS**

Jays can't make grade against A's

10

ATHLETICS

3

BLUE JAYS

Brad Mills' location issues became a problem for the Toronto Blue Jays on Thursday.

The left-hander allowed six runs in his third and final inning in the shortest start of his major-league career as the Oakland Athletics won the rubber match of the three-game series 10-3.

The Blue Jays had a slow start and stayed that way.

"We were flat, there was no question about it," manager John Farrell said. "Typically in day games you have to set the tone from the mound and we were unable to do that."

The Blue Jays (59-58) committed two errors, gave up nine walks and hit two batters as the Athletics (53-64) got three runs batted in from Conor Jackson on a triple and a sacrifice fly.

Hideki Matsui had four hits and two RBIs and Cliff Pennington hit a two-run double while Guillermo Moscoso (5-6) allowed two runs, one earned, and three hits while striking out five in six innings for Oakland.

J.P. Arencibia hit his 19th homer of the season for Toronto in the seventh inning against Fautino De Los Santos.

THE CANADIAN PRESS



► Maria Sharapova reacts after missing a shot against Galina Voskoboeva on Thursday.

Voskoboeva solves problem of Maria

► World No. 5 stunned as top seeds continue to fall at Rogers Cup in Toronto

In a season full of talk about parity in women's tennis, unheralded Galina Voskoboeva became the latest to step up and prove that point Thursday.

The 26-year-old from Kazakhstan, ranked 135th in the world, dispatched No. 5 Maria Sharapova 6-3, 7-5, on a day that not only marked the ousting of one of the sport's biggest stars, but the ejection of a couple of newly minted Grand Slam champs.

Voskoboeva beat the Russian veteran with lovely drop shots and had Sharapova chasing balls back to



DARREN CALABRESE/THE CANADIAN PRESS

the baseline all game long. Sharapova became the latest casualty of the Rogers Cup women's draw, which has seen 11 of the 16 seeds bow out.

"It makes for an exciting story because at the end of the day it doesn't matter what you're ranked or seed-

"I felt like a junior on the court. ... At the beginning of the match, I didn't even know what I should do on the court." NO. 6 SEED LI NA

ed, the reason we go out and play the matches is to know who's going to be the winner on that day," said Sharapova, who has 23 career singles titles.

French Open champion Li Na was also knocked out of action with a 6-2, 6-4 loss to No. 10 seed Samantha

Stosur of Australia. And No. 11 Andrea Petkovic of Germany joined Stosur in the quarter-finals after cruising past seventh-seeded Petra Kvitova of the Czech Republic 6-1, 6-2. Kvitova won Wimbledon last month.

Thursday's loss of star power came a day after No. 1 Caroline Wozniacki was ousted. Also gone: Second-seeded Kim Clijsters, who withdrew earlier this week due to an abdominal injury, former world No. 1 Jelena Jankovic and No. 9 seed Marion Bartoli, who were dispatched in their opening matches. THE CANADIAN PRESS

Djokovic through to quarters in Montreal

Novak Djokovic kept his sizzling season ablaze Thursday, downing Marin Cilic 7-5, 6-3 to reach the men's quarter-finals of the Rogers Cup.

The top-seeded Serb, in his second match since taking over the world No. 1 ranking, broke the lanky Cilic's heavy serve twice in the second set. His record improved to 50-1 this year and 26-0 on hard courts.

The 24-year-old Djokovic is seeking his ninth tournament win of the season.

Seventh-seeded Tomas Berdych also advanced with a 6-3, 7-6 (2) victory over Ivo Karlovic of Croatia in a battle of hard-serving giants. Berdych is six foot five while Karlovic is six foot 10.

Berdych evened his career mark against Karlovic at 2-2, but it was their first meeting in three years.

THE CANADIAN PRESS



► Novak Djokovic



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► Montreal Alouette Brian Bratton is tackled by Edmonton Eskimo Jykine Bradley on Thursday night. Montreal won 27-4.

Rough-riding out the storm

CFL EXTRA POINTS

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Roughriders fans want heads to roll after a 1-5 start, but maybe the faithful green horde is a little delusional. Yes, their mighty Riders made three Grey Cup appearances in four seasons, but the team was merely 10-8 during the 2010 regular season before getting hot in the playoffs.

Their dismal start has many fans insisting quarterback Darian Durant's a dud, head coach Greg Marshall is an idiot and that general manager Brendan Taman couldn't find his butt with both hands.

There are even rumblings of a rift between

Durant and offensive co-ordinator Doug Berry.

Their weakest link is the offence, which has struggled without Andy Fantuz (NFL), Rob Bagg (knee) and Cary Koch (thumb), a blow that would affect any team's production.

Now the Riders find themselves in a West turtle derby with B.C., but anything can happen once you make the playoffs, as the Riders proved last season. **Swagger before a stumble?:** The Blue Bombers have taken to calling Winnipeg's turf "Swaggerville" after blasting out of the gates with a 5-1 record, good for first place in the East.

The Bombers' defence has 25 sacks through six games while Odell Willis leads the pack with eight. The defence is allowing a measly 18.8 points and 289.5 yards per game, league lows, and it has a CFL-best 10 picks.

With those stats they de-

serve to act a little cocky, but CFL fortunes can shift faster than the San Andreas Fault, and we could be calling them the Suicide Bombers come November. **No Stamps dampens Eskimos' chances:** Eskimos receiver Fred Stamps was off to such a great start some folks in Edmonton were dreaming of a new CFL receptions record. That all came crashing down after Stamps required abdominal surgery this week.

Stamps, who had four 100-yard games this season, was accidentally kicked in the groin by Winnipeg's Jonathan Hefney last weekend, a crushing blow to the Eskos offence. Of equal concern for Edmonton fans is the continued good health of QB Ricky Ray, who was sacked four times in the Winnipeg loss. The star pivot must stay healthy for the surprising Eskos to challenge for first place this season.

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Atouts :

expérience comme intervieweur

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parvenir votre curriculum vitae avant minuit, le 17 août à :

Rhonda Benight
Télécopieur : 902-426-8292 1-800-972-7780
Courriel : Rhonda.Benight@statcan.gc.ca

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matière d'emploi. Nous invitons les femmes, les Autochtones, les
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Houses For Sale

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Eleanor O'Hara
830-1200



Amanee Mousavi
880-2767



Houses For Sale

Houses For Sale

Houses For Sale

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GARAGE/YARD SALES

Garage/Yard Sales

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• Lots of knick-knacks and bric a brac

Garage/Yard Sales

Garage/Yard Sales

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Open Houses

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ANNOUNCEMENTS

Weddings



STEWART - JAMIESON

Stephen Gale Stewart (Father) as well as Patricia Claire Stewart (Mother) and Steven Michael Malone (Step-Father) are delighted to announce the engagement of their daughter **Angela Marie Stewart** of Dartmouth to **Reginald Lloyd Jamieson** of Mulgrave, son of Lewis and Bertha Jamieson. The wedding is set to take place at the Ramada Park Place Plaza Hotel on **August 13, 2011**. The ceremony will be officiated by Reverend Blair Crawford.

Community Events

Come and join in celebrating **INDIA FEST**.
Aug. 12, 13, & 14th 11am - 9pm at Halifax Forum. Food, entertainment, spices, cultural events etc. Free admission! **902-209-5031**

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MISCELLANEOUS

Miscellaneous

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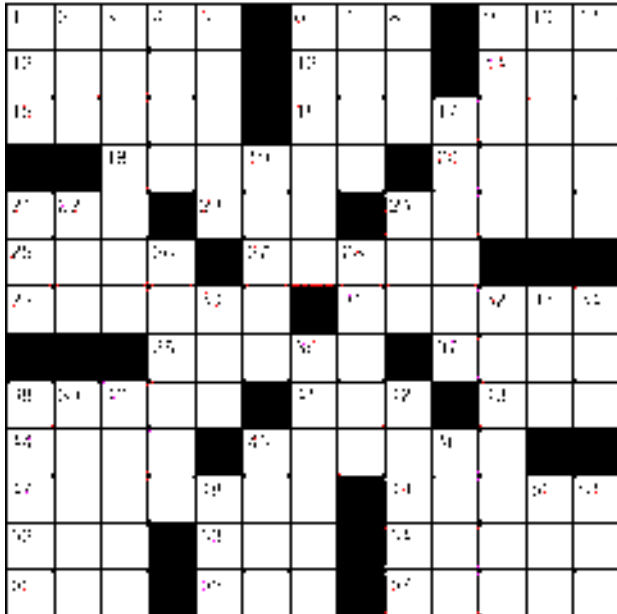
Crossword

Across

- 1 Smells
- 6 Fire residue
- 9 Peculiar
- 12 Column style
- 13 Menagerie
- 14 Expert
- 15 Parasite sucker
- 16 Very convenient, as shopping
- 18 Drainage network
- 20 Sommelier's suggestion
- 21 Overweight
- 23 Hatchet
- 24 Shoe fasteners
- 25 Help a hood
- 27 Muslim faith
- 29 Leave
- 31 Reveal
- 35 Sew loosely
- 37 Unforeseen problem
- 38 Commandment verb
- 41 Work unit
- 43 Tokyo's old name
- 44 Skin opening
- 45 Fashions
- 47 Low-rated, as a movie
- 49 Different
- 52 "— -Tiki"
- 53 Japanese sash
- 54 Sleep soundly?
- 55 Geological period
- 56 "Of course"
- 57 Fully filled

Down

- 1 Lubricate
- 2 Fawn's mama
- 3 Ballroom dance in 2/4 time

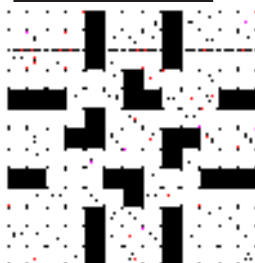


- 4 Uncle Ben's product
- 5 Unstressed vowel symbol
- 6 Portuguese island group
- 7 Half the children
- 8 Weeding need
- 9 Vision-related
- 10 Hum boringly
- 11 Nitwits
- 17 Overwhelms
- 19 Ways out
- 21 Craze
- 22 Copper head
- 24 Remiss
- 26 "You Turned the —

- on Me"
- 28 Suspicious
- 30 Scoundrel
- 32 Having no sequel
- 33 Blue
- 34 Swelled head
- 36 Popular 1990s computer game
- 38 Put one's two cents in
- 39 Esteem
- 40 Sports venue
- 42 Lipstick alternative
- 45 "Quién —?"
- 46 Sicilian spouter
- 48 Plaything

- 50 Before
- 51 Roulette choice

► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

► Yesterday's answer



Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Mitchel

Hey Babe!! I miss you like crazy and I can't wait till you come back home!! I don't know what to do with myself when you are gone :(I love you with all my heart!! **KRISTY**

Hunter

Hey, you no one but you knows who this is, so i can say in front of the whole city "I love you" I do, you know. Can't wait till we go to Hong Kong. **EBF**

"Muffin"

I just wanted to let you know how special you are to me, I Adore every inch of you, Can't wait to kiss those sexy lips. Love "Pie" **Xoxoxox PIR**

ToJohn

I miss you babe. <3 Come back to me my love!! **TICK**



Today's horoscope

♈ Aries March 21-April 20 You may be at your most confident. But you must accept that some people will not agree with your views.

♉ Taurus April 21-May 21 Some people get emotional for the most ridiculous of reasons. Such a person will give you a hard time today.

♊ Gemini May 22-June 21 Only you can decide to continue with something you had high hopes for.

♋ Cancer June 22-July 22 You will have to be tough on people who lack your vision and passion but you must be sympathetic, too.

♌ Leo July 23-Aug. 23 Follow your gut, even if it leads you in directions not everyone is happy with.

♍ Virgo Aug. 24-Sept. 22 You may be tempted to tell a lie to avoid a conflict but chances are you will just make matters worse.

♎ Libra Sept. 23-Oct. 23 Everyone's emotions are a little bit on edge with the approaching full moon. Strive to stay calm.

♏ Scorpio Oct. 24-Nov. 22 Take initiative and show people that you are the kind of individual who can be trusted to get a job done.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

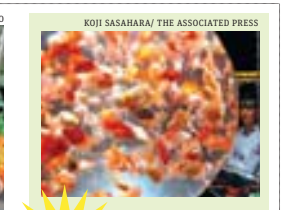
♐ Sagittarius Nov. 23-Dec. 21 If you want to be happy, you need to be out and about, seeing new places, meeting new people.

♑ Capricorn Dec. 22-Jan. 20 Try not to worry too much about your cash flow situation.

♒ Aquarius Jan. 21-Feb. 18 If you have a bad feeling about what someone is proposing, act on it.

♓ Pisces Feb. 19-March 20 You seem to be working harder than ever but are you working towards your objectives or those of other people? **SALLY BROMPTON**

Caption contest



WIN! You write it!

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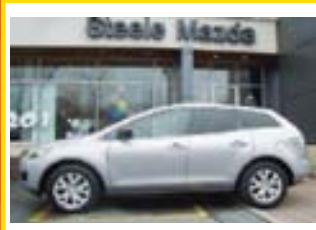
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NOW **\$17,838***



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WAS \$16,995
NOW **\$15,733***



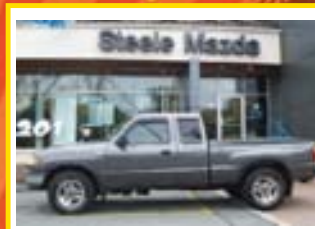
2009 Mazda CX-7 GT
#M1553
AWD, Leather,
Loaded
WAS \$25,995
NOW **\$24,740***



2007 Mazda 6 GT Sport
#M1540
5 Speed, Leather,
Loaded Low Klm
WAS \$16,995
NOW **\$15,888***



2007 Mazda 3 Sport
#M1543
Auto, Low Klm
WAS \$15,995
NOW **\$14,838***



2009 Mazda B4000
#M1548
4WD, 5 Speed,
Low Klm
WAS \$18,995
NOW **\$17,636***



2009 Mazda 6 Luxury Sedan
#M1558A
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WAS \$15,995
NOW **\$14,388***



2008 Saturn Aura Hybrid
#2125A
Low Klm, Auto
WAS \$15,995
NOW **\$14,607***



2007 Mazda 3 Sport GS
#M1541
Auto, AC, ABS
Low Klm
WAS \$15,995
NOW **\$14,488***



2007 Mazda 3 Sport GT
#9307A
Auto, AC, ABS,
Low Klm
WAS \$15,995
NOW **\$13,777***



2006 Chev Cobalt
#M1524A
2 Door, Auto,
Low Klm
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Loaded
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